

CHELMSFORD MOTOR CLUB

The Preston 2008

6th & 7th December 2008

Sponsored by Preston's Garages, Writtle, Chelmsford

The 30TH running of the *'One and Only'* Preston



East Anglian Air Ambulance



The Preston 1978 - 30 Years - 2008

Cover: Last year's winners: Owen Turner and Andrew Dadswell (Photograph courtesy of Andy Manston [M & H Photography])

Previous Winners now known as 'Prestonaires'

2007	Owen Turner	Andrew Dadswell	Rover 214
2006	Martin Betts	Richard Hage	Ford Escort MkII 2100
2005	Steve Monk	Pip Clode	Toyota Corolla GT
2004	Simon Harrison	Paul Holmberg	Ford Escort Mk II 2000
2003	Steve Webster	Roger Hage	Subaru Impreza
2002	Andy Baker	Lee Burgess	Peugeot 205
2001	Steve Webster	Roger Hage	Subaru Impreza
2000	Martin Payne	Alan Ogden	Audi 100
1999	Malcolm Russell	David Howe	Opel Manta
1998	Martin Self	Martin Smith	Toyota Corolla
1997	Mike Biss	Cath Woodman	Vauxhall Nova
1996	Sarah Harmer	Cath Woodman	MG Maestro
1995	Mike Biss	Cath Woodman	Vauxhall Nova
1994	Pete Gregory	Pete Tilling	Vauxhall Astra
1993	Dave Taylor	Jim Bowie	Mazda 323
1992	Mike Biss	Adrian Gladwin	Opel Ascona
1991	Dave Taylor	Jim Bowie	Opel Ascona
1990	Paul Wright	Brian Otridge	Ford Escort Mk I
1989	Brian Henderson	Brian Otridge	Ford Escort 2000
1988	Brian Henderson	Brian Otridge	Ford Escort 2000
1987	Dave Taylor	Dave Senior	Ford RS2000
1986	Mike Biss	Roy Hurst	Vauxhall Astra 1300
1985	Mick Shotter	Pete Turner	Ford RS2000
1984	Donald Fowler	Andy Berry	Sunbeam 2000
1983	Tony Wardle	Tom Bigwood	Ford RS2000
1981	Ian Rowles	Herman Ruijsenaars	Opel Kadett GTE
1979	John Barlow	Nigel Booth	Ford Escort 1600
1978	John Powell	Bernie Baker	Ford Escort BDA

Acknowledgements

Mr Bill Preston & Family, and all at Prestons Garages Ltd, of Writtle, Chelmsford

The East Anglian Ambulance NHS Trust

The MSA, particularly Ian Davis & Simon Fowler

Suffolk and Norfolk Constabulary

MSA Route Liaison Officers for Suffolk and Norfolk

The owners, agents, managers, tenants & staff of all private property incorporated into the event route

The Management & staff at the Start, Finish & Rest Halt venues

All residents along the event route

All marshals, other officials and volunteer helpers

Andrew Manston (M and H Photography)

The Chelmsford Motor Club wishes to offer sincere thanks to all of the above, without whom 'The Preston' would not be possible.

The Preston 2008

INTRODUCTION

Welcome to the thirtieth running of the '*One and Only*' Preston, sponsored as always by Preston's Garages Ltd of Writtle, Chelmsford, Essex. In keeping with the last 9 years, this year we will once again be supporting the East Anglian Air Ambulance charity.

The route and format of this year's event will not change from that of recent years, using the approach of evolution as opposed to revolution. Unfortunately early promises of some new land will not be available until 2009 and the loss of a regular (Chalk Farm), has resulted in us going a bit further north for the middle section with a resulting longer run-out that we would normally not plan for. Hopefully this will be worth the effort and will not detract from the overall success of the event.

As usual The Preston will start from the East Anglian Ambulance workshops on the A11 at Barton Mills and conveniently finishing almost next door at The Olde Bull Inn for the traditional full English breakfast. Secure trailer parking is available very nearby. In keeping with other Chelmsford events, this years entry fee includes one free 'on event' photograph courtesy of M & H Photography. Furthermore to celebrate our 30th Anniversary we will be planting a tree on the Shadwell Estate for every competitor and this will also help demonstrate our support and awareness of 'green' issues and the environmental impact of carbon emissions.

The route itself will continue to be highly challenging, with the accurate timing used in previous years. The occasional horrendously overgrown narrow bits, numerous bumps, yumps and thumps, puddles you can lose a car in and the infamous Preston mud but no scary dykes (or even big ditches!) this year. All this will be within a twenty mile radius of Elveden, Suffolk, around 185 miles in total, divided by two petrol halts into three Legs. There will be 20 sections with the 'mileage that counts' amounting to approximately 105 miles and as ever about 80% of that will be un-surfaced. The normal famed Preston Road Book will make navigating quite easy and negate the need for numerous maps.

As always you are all advised to prepare yourselves and your cars in the traditional 'Preston way'. Regulars will know what this means. If you are new to the Preston, everything that you've heard, and more, is true!

We require that all entrants carefully read and fully understand these Supplementary Regulations, especially SR 8 (concerning entries). Get your entries in quickly as they are sure to be in great demand as usual. Please note that Final Instructions will be published on the CMC website only, and not sent by post.

As always we need many marshals, so if you cannot compete please contact Paul Brewerton, his contact details are given later in these regulations. Marshalling is a vital role for any event but the Preston requires about 100, so you will be very welcome and very much appreciated. Those of you intending to enter, please try hard to get some friends to marshal.

Whatever your role, we look forward to welcoming you all on the big night!

Brian Jaggs, Clerk of the Course, on behalf of the Organising Team

We are planning to have some 30th Anniversary Preston sweat shirts available but at the time of going to press the costs have not been confirmed. Prices and sizes etc will be published on the web site www.chelmsfordmc.co.uk within next few days

2005: Skoda going well in 'Preston country'!



Skoda World Rally Car



Preston's Garages Ltd

2-4 Lordship Road, Writtle, Chelmsford, Essex CM1 3EH

01245 420262

www.prestonsgarages.co.uk

Supplementary Regulations

1. Status

The Chelmsford Motor Club Ltd. will organise a National B navigational road-event on 6th – 7th December 2008 starting and finishing at Barton Mills, Mildenhall, Suffolk. The event is sponsored by Prestons Garages Ltd. of Writtle, Chelmsford.

2. Jurisdiction

The meeting will be held under the General Regulations of The MSA Ltd. (Incorporating the provisions of the International Sporting Code of the FIA), these Supplementary Regulations and any other written instructions the organising club may issue for the event.

3. Authorisation

MSA Permit Number: TBA

DOE Authorisation Number: TBA

4. Eligibility

The event is open to crews of two persons (in an eligible vehicle), who are:

- a) All fully elected members of the organising club
- b) Members of the member clubs of the LCAMC, the ASEMCA, the EMAMC and AEMC

5. Proof of Membership

All participants must produce a valid club membership card & competition licence [H 18-19], which will be inspected at signing-on.

6. Championships

The event is not a round of any championships.

7. Details of Event

The Start is at East Anglian Ambulance Workshops, Milford Service Area (A11), Barton Mills, Suffolk, MR (154) SW 726½739. The Finish is at The Olde Bull Inn, Barton Mills, Suffolk, MR (154) 724¾737½. Total mileage will be approx 185 miles on all classes of road (a high percentage being unsurfaced); the route will be divided into three Legs. Fuel requirements for each Leg will be advised at the Start.

Scrutineering will commence with the noise test at 18:30 hours, followed by main scrutineering. Participants must report to the noise test first, at 18.30 plus their 'start number in minutes'. Participants not signed-on one hour before their due start time may be excluded. There will be a compulsory briefing for all participants at 21:15 prompt. Crews will start the event at one minute intervals at 22:00 + car number. This time schedule will be confirmed in the Final Instructions.

The Final Instructions will be published on the Chelmsford Motor Club website only (www.chelmsfordmc.co.uk), on Saturday 29th November 2008. These are deemed to be part of, and carry the same force, as these Supplementary Regulations.

The event will contain Standard, Transport, Regularity and Neutral sections on private land and the public highway. Cars will be identified by their registration number, and by 'start number' stickers supplied by the organisers.

The route will traverse O.S. Landranger maps 143, 144, 154 and 155 (latest editions) although these are NOT required as the road book, issued at MTC1, will carry high-quality colour extracts of these, reproduced under licence, marked comprehensively showing all necessary route details and more. This marking will be done by the Clerk of the Course personally, who is an experienced road rally navigator. You may transfer this to your own maps in your own style but we think this will be unnecessary. Map 144 may be useful however as much of the route is on this map.

In addition to the requirements of the GRs, participants are advised that for the sake of maximum possible safety, given that much of the event traverses rough unsurfaced roads, the organisers think it wise to use, and recommend the use of, a vehicle fitted with safety equipment such as a 'roll cage', 'bucket' seats, 'harness' seat belts etc., to carry suitable fire-extinguishers, and mobile cellular telephones for communications in the event of emergency. Competitors will be required to carry water and a cloth/sponge to ensure that lights, number plates and windscreen are clean when traveling any neutral or transport sections.

8. Entries

The maximum number of entries is 60, plus 20 reserves. The minimum is 25. Should this figure not be reached, the organisers reserve the right to cancel the meeting.

The entry fee is £90; this includes two breakfasts, full-colour map road-book, and free 'on event' photograph, courtesy of M & H Photography. Chelmsford Motor Club will also be donating £10 per entry to the East Anglian Air Ambulance charity and £5 towards the cost of planting a tree.

Entries open on Saturday 4th October 2008 and will only be accepted if submitted on either the on-line (www.chelmsfordmc.co.uk) or via the paper entry form. The entry fee will be £90 and no entries will be accepted until payment is made in full. Payment can be made by cheque or on-line with Pay Pal. Post-dated cheques will not be accepted. Any entry received prior to the above stipulation will be returned, unaccepted; i.e. postal entries received before Saturday 4th October 2008 or entries delivered by hand before 09.00 hrs on Saturday 4th October 2008 will NOT be accepted. Entries close at 12.00 on Saturday 22nd November 2008 or when 80 entries have been received & accepted, whichever is sooner. The first fifty correct and fully completed entry forms received with the appropriate fee will be accepted. The remaining ten places and the twenty reserve places will then be allocated at the organisers' discretion. All entries must be submitted on the official entry form and accompanied by the appropriate fee.

Late entries (received after 12.00 on 22nd November 2008) may be accepted at the organisers' discretion, and subject to an increased entry fee of £95. Accepted entries cancelled before 12.00 on Saturday 22nd November 2008 will be refunded less an administrative charge of £5. A refund of the entry fee after this date will be at the organisers' discretion.

Team entries will be accepted at signing on (£5 for a team of three cars). Cars may be from any class and the crew may be members of any of the invited clubs. The team with all 3 cars classified as finishers and with the least penalties in total (fails counted first, then time penalties), will win.

9. Classes

The event will consist of three classes as follows:

- a) Experts: Either crew member having finished in the top 5 of a similar or higher status event.
- b) Semi-Experts: Those crews not eligible for classes a) or c).
- c) Novices: Neither crew member having won an award other than a team, marque or finisher's award, on an event of National B or higher status.

10. Awards

These will be as follows:

Overall

1st Driver	The Preston Trophy & replica
1st Navigator	The Cowing Trophy & replica
2nd Overall	Two awards
3rd Overall	Two awards
4th Overall	Two awards
5th Overall	Two awards

Semi-Experts

1st Semi-Expert	Two awards
2nd Semi-Expert	Two awards
3rd Semi-Expert	Two awards

Novices

1st Novice	Two awards
2nd Novice	Two awards
3rd Novice	Two awards

Spirit of the rally award (donated by Dave Taylor)

Best Chelmsford Motor Club Driver	The Bernard Ward Trophy & replica
Best Chelmsford Motor Club Navigator	The Eileen & George Trophy & replica
Best Team of Three Cars (subject to at least three team entries; see SR 8)	Six awards

Other awards may be announced in the final instructions at the organisers' discretion. No participant may win more than one award other than Best CMC or team award. All named trophies remain the property of The Motorsport Club of Chelmsford Ltd. and are retained for eleven months, or until such time as the Club requests their return. Awards will be presented at the end of the event as soon practicable after the results are declared final.

11. Officials The officials of the event are as follows:

Clerk of the Course	Brian A Jaggs, 20 Mayne Crest, Chelmsford, Essex, CM1 6UB Tel: 01245 468763 (h) 07977 051241(m) e-mail brian.jaggs@blueyonder.co.uk
Deputy CoC	Gordon Popperwell, 32 South Ride, Billericay, Essex, CM11 2ER Tel: 01277 656589 (h) 07525 951653 (m) e-mail rosspopp1@hotmail.com
Secretary of the Meeting	Bob Blows, 15 Park Road, Stansted Mountfitchet, Essex, CM24 8PB Tel: 01279 814072 (h) 07712 526830 (m) e-mail bob.blows@hymans.co.uk
Entries Secretary	Tony Michael, The Finch, Main Road, Boreham, Chelmsford, CM3 3JF, Essex Tel: 01245 466994 e-mail arm@chelmsfordmc.co.uk
Chief Marshal	Paul Brewerton, 5 Prince Street, Sudbury, CO10 1HZ Tel: 01787 370976 (h) 07702 113684 (m) e-mail paul@pbrewerton.freeserve.co.uk
Asst Chief Marshal	Jim Bowie, 14 Nobles Green Road, Leigh-on-Sea, Essex, SS9 5QA Tel: 01702 527121 (h) 01277 844570 (w) 07799 535190 (m) e-mail jimbowie555@yahoo.com
Stewards	Steve Cole, (2 - t.b.c.) (3 -t.b.c.)
DSO	Gordon Milbank
Results Officer / Timekeeping	Tony Michael
Chief Scrutineer	Mark Barham and Nick Pope
Chief Timekeeper	Rob Roebuck
Public Relations Officer	Gordon Milbank
Equipment Officer	Geoff Lobb

Please do not phone officials after 9pm.

12. Results

Provisional results will be announced in accordance with A 61(b) and H 86. Protests must be made in accordance with C (d) 45-59. Final results will be posted to the nominated competitor within seven days.

13. Route Definition

Time cards for the whole route will be issued at signing-on, together with petrol halt details, and time schedule.

Route information will be issued to all participants in the form of a Road Book at MTC1 at their scheduled time. These documents will enable participants to comply with H 85 and H 9.18. Participants will be required to make up lateness at the rest halts and possibly at other points along the route, as indicated in the Road Book and / or Timecards. Manned controls will be preceded by a board approximately 50m from the control location. In the event of a control or passage check being unmanned, it will be replaced by a code-board, which should be entered in the appropriate space on the time card. Code-boards at TCs automatically convert them to passage checks. It is the responsibility of the crew to correctly record all code-board letters.

14. Give Way Junctions

At all junctions so notified to participants, the car must have ceased forward motion *within* a 3m distance *prior* to the white line (or where the white line would normally be positioned). Judges of Fact will be on duty at some Give Way junctions to ensure compliance.

15. Timing

Timing will be from marshals' clocks using the scheduled time system (as per H69). Timekeepers will be judges as per B78-83. There will be four types of sections as follows:

STANDARD:	As per H49	NEUTRAL:	As per H51-52
REGULARITY:	As per H53-54 & H58	TRANSPORT:	As per H55-56

All Regularity sections will contain one Intermediate Control at which participants are required to stop to record a time.

An electronic time logging system will be used, requiring competitors to carry, and make available when required, equipment provided by the organisers. This equipment is considered as part of the time card and must be returned to the organisers with the damage declaration.

16. Boards

The following boards will be used during the event:

'NO'	To define a barred route.
'Q' or 'QZ'	To define the start of a Quiet Zone.
'Q' or 'QZ OK'	To define the finish of a Quiet Zone.
'!	To warn of an unmarked hazard.
'->'	To advise keeping right.
'<-'	To advise keeping left.
'Control'	To define the entry to a time control, passage check, or secret check.

Arrow angles will be as the drawing H 180.

17. Modifications of GRs

All GRs of the MSA apply as written except for the following, which are modified thus:

- (i) It is a condition of entry that participants carry any advertising material so supplied by the organisers.
- (ii) Competitors will be required to display competition plates as per H 23.
- (iii) Participants may be members of more than one team.
- (iv) The organisers reserve the right to establish undisclosed checks during the event for the purpose of observing maintenance of time schedule and route.
- (v) Controls will open 30 minutes before the scheduled time of the first car and close 41 minutes after the scheduled time of the last car. Maximum permitted penalty-free lateness will be 40 minutes & 59 seconds at all controls (i.e. 'OTL' time is 41 minutes).
- (vi) Participants will be required to reduce lateness at any fuel / rest halts,
- (vii) To be classified as finishers, both crewmembers must report to each main time control and the final finish control within their time limit, and in the car in which they started.
- (viii) 4WD vehicles are not permitted; vehicles with turbo-charged or super-charged engines are not permitted.
- (ix) All vehicles must have a fully protected driver/passenger compartment with conventional roof, doors etc and wings to cover wheels as opposed to mudguards. In essence, they must give the external appearance of being a standard road going car as anything else may give the wrong impression to landowners and residents along the route who have been told the types of vehicles that will enter.
- (x) 'Sun-strips' bearing any writing or markings WHATSOEVER will not be permitted on either front windscreens or rear windows of participating vehicles; PLAIN 'sun-strips' (i.e. with no writing or markings whatsoever), are permissible.
- (xi) 'Gas-discharge' lights are not permitted. 'Under-body' lighting (such as neon) of any kind is not permitted except in the engine and boot compartment for use whilst stationary.
- (xii) All participants must carry an 'OK / SOS' board.
- (xiii) Cars must display a current tax disc and where applicable a current MoT certificate must be produced.
- (xiv) All participants are required to carry water and a cloth/sponge for cleaning lights, number plates and windscreen.

18. Penalties - The fails system will apply, modified as follows :

(e) Arrival before scheduled time at any control	1 Fail
(h) Arrival before due time at a Regularity control	1 Fail
Driving a neutral or transport section with number plates and lights that are not visible as per the Road Traffic Act or a dirty windscreen that may impair driver vision.	1 Fail
Entering a Black spot	Exclusion

19. Lateness

Crews late at one control may be an equivalent amount late at succeeding controls without incurring further time penalties, providing they do not exceed their maximum lateness allowance, which is 40 minutes & 59 seconds. Lost time may only be recovered ('make-up') at the time controls specified on the time card and only by the amount or less specified on the time card.

20. Photographs

The official photographer for the event will be M&H Photography www.mandh-photography.co.uk Proofs will be sent out with the final results.

21. Scrutineering & Noise

Cars will be tested for noise, roadworthiness, eligibility and vehicle regulations (See C (b) 23 and H12. At least two noise checks (H 14) will be established, one of which will be at the start of the event. Parts of the silencing system of a temporary nature will not be allowed.

22. Damage Declaration

Having finished or withdrawn from the event participants will be required to complete and sign a Damage Declaration form, supplied by the organisers. Any information given will not incur a penalty, but failure to hand a duly completed form will be penalised with exclusion. **Participants will not be classified as finishers unless the declaration is submitted at the final time control along with their time card** (inside the finish venue). Those who do not complete the event are required to forward their completed declaration and timing equipment (H87-89) to the Secretary of the Meeting within 72 hours of the finish of the event.

23. Judges of Fact

Judges of fact will be defined at the start of the event, and will adjudicate in accordance with B78-81 and H140.

24. Driving Standards Observer (DSO)

The official DSO will be identified by means of a plain white decal on each side of the car. In accordance with the GRs of the MSA, they will be deemed a Judge of Fact, and a DSO as per B83-86 and H141. With regard to the former, and at his absolute discretion, the DSO shall be empowered to exclude participants, either by immediately withdrawing their TimeCards and instructing him/her not to proceed, or by informing the Clerk of the Course at the earliest practical opportunity.

The DSO shall exercise such powers in respect of any participants employing auxiliary lights in a Quiet Zone (other than in conditions of fog or falling snow), undue noise, damage to vehicle, speed, or failing to stop at a give-way junction, or the wearing of crash helmets on the public highway, or any behaviour deemed detrimental to good public relations during the event.

25. Insurance

All participants must have adequate insurance cover for this event. The Club has applied to Lockton Companies International Ltd for a Blanket Cover Note. This will provide participants who need to use the Scheme with the Third Party Cover necessary to meet RTA requirements on the Road Sections of the Event. The basic rate for the Event (before any loadings) will be £15.50.

New applicants wishing to use the Scheme must be able to comply with all points of the Alexander Forbes Declaration:-

- ◆ **Over 21 and Held a Full Licence for at least 6 months**
- ◆ **Not more than 1 fault accident in last 3 Years**
- ◆ **No more than maximum of 6 speeding points on licence**
- ◆ **No physical or mental disabilities**
- ◆ **No other material facts**

If able to comply with all points above simply sign on Signing On Form for Insurance - **No Letter of Acceptance will be issued.**

If unable to comply with any of above points complete the Declaration Form itself and forward either to the Club or direct to Alexander Forbes prior to the Event to allow sufficient time for Letter of Acceptance to be issued. **Faxed copies are acceptable**

Lockton Companies International Ltd, Hanover House, 30/32 Charlotte Street, Manchester, M1 4FD
Tel 0161 228 0721 Fax 0161 236 0995.

26. Reconnaissance

While we cannot stop you driving the PUBLIC whites we would rather you didn't, and ask you not to.

If you really must, then do so **slowly**. If you are seen driving the whites at speed or on **any** private land, at speed or otherwise, even out of a car, you will be refused a start with no refund and will be reported to the MSA. If you are not sure what is public and what isn't then **DO NOT RISK IT**. We feel we must take a firm stance on this as a huge effort goes into organising the Preston and we will not tolerate anyone jeopardising any part of it. We have alerted the landowners to this potential problem.

MARSHALS ENROLMENT FORM

An event of this nature needs many marshals...

The Preston in particular needs a great number - last year we used over 100!

This year, as usual due to the demanding route, we will again need this number.

If you would like to marshal, please complete this form, or phone the Chief Marshal.

Name: _____

Address: _____

Telephone: _____

I would like to assist in marshalling on '*The Preston*'

Number of people expected: _____

I / We have experience of the following: (tick as appropriate)

Manned passage checks: _____ Time controls: _____

I / We HAVE / HAVE NOT a suitable vehicle for 'white' roads (delete as applicable)

I / We are prepared to marshal for ENTIRE EVENT / FIRST SECTION / SECOND SECTION

(Delete as applicable – please do the whole thing, thank you !!!).

Chief Marshal:

Paul Brewerton,
5 Prince Street, Sudbury, CO10 1HZ
Tel: 07702 113684(m) 01787 370976(h)
email paul@pbrewerton.freeseve.co.uk