

**CHELMSFORD MOTOR CLUB PRESENTS**

# The Preston 2009

**Sponsored by Preston's Garages, Writtle, Chelmsford  
The 31<sup>st</sup> running of the 'One and Only' Preston**

**5<sup>th</sup> & 6<sup>th</sup> December 2009**

# Final Instructions

**East Anglian Air  
Ambulance**



**The Preston 1978 ~ 31 Years ~ 2009**

5th/6th December 2009

*The Preston Entry List*

No	Driver Name	Driver Club	Navigator Name	Navigator Club	Car Make	Car Model	CC	Colour	Registration	Class
1	Owen Turner	Chelmsford MC	Andrew Dadswell	Chelmsford MC	Rover	200	1396	White	R895BGS	E
2	Simon Harrison	MCC	Paul Bosdet	MCC/KLMC	Subaru	Impreza 2WD	2500	White	M261 PAG	E
3	Matthew Fowle	CMC	Claire Abrey	CMC/WSMC	Peugeot	106 Rallye	1293	Red	L41 RWA	E
4	Jamie Turner	CSMA	Andy Balantine	South Hams	Rover	200	1396	White	S239GJW	E
5	Justin Chapman	MDMC	Chris Bowden	CMC	Peugeot	205 GTi	1580	Grey	C710HHG	E
6	Tim Tordoff	Matlock	Ian Frazer	Matlock	Peugeot	205	1905	White	D40 TT	E
7	Andy Baker	Quinton MC	Adrian Gladwin	CMC	Peugeot	205 GTi	1900	Grey	A2 GPT	E
8	Mick Monaghan	Sheffield and Hallamshire	Ben Greenfield	Chelmsford	BMW	318Ti Compact	1794	Burgundy	N411 KWR	E
9	Richard McLachlan	CMC	Eddie Clough	CMC	Rover	214	1396	Green	S587AJW	E
10	Paul Sharp	Chelmsford MC	Paul Barrett		Peugeot	205 Gti		White	F901 DHS	E
11	Mark Slatcher	Mid Derbyshire MC	Satish Khakhar	Matlock MC	Vauxhall	Corsa	1398	Black	L609DPL	E
12	Stuart Caine	Dukeries	Ingo Jahn	Mid-Derbyshire	Ford	Escort MK2	1998	White	CUT 350T	E
13	Mark Turner	Matlock	Richard Pashley	Rotherham MC	Proton	GTI	1833	Silver	Y392 HHT	E
14	David Lewis	Matlock	Richard Holdsworth	Matlock	BMW	318 IS Coupe	1800	Gray	B8MUF	E
15	Murray MacDonald	Falcon MC	Dan Harrison	Knutsford & DMC	Volkswagen	Golf Mk2	1984	Red	H234 BCR	E
16	Mark Banham	Kings Lynn DMC	Gary White	Kings Lynn DMC	Honda	Civic	1600	Red	M904BLW	E
17	Tim Daltry	Oxford MC	Rob Granger	HRCR	Peugeot	205 GTi	1905	Red	H131 XKH	E
18	Dave Quinney	Matlock	Gary Evans	Matlock	Proton	Compact	1597	Blue	P906 MAK	E
19	Ed Pead	BARC	John Pead	BARC	Peugeot	205 GTI	1900	Red	F422 ULJ	E
20	Ian Orford	CSMA	Lizzie Pope	Wessex MC/CMC	Proton	Satria	1597	White	V861 DLK	E
21	Rob Reynolds	CSMA	John Stringer	CSMA	Rover	214	1396	Green	R963 OEF	E
22	Richard Atherton	CMC	Mike Turner	CMC	MG	Maestro	1998	Green	H894 MOE	E
23	Freddy Camp	North Devon	Graham Lacey	South Hams	Ford	Puma	1386	Red	R958 BNF	E
24	Geoff Lobb	CMC	Chris Holliday	Chelmsford	Vauxhall	Nova	1400	White	ATL7	E
25	Mike Thomas	Chelmsford	Rich Baker	Chelmsford	Peugeot	205 Gti	2000	Grey	G883 TYF	E
26	James Fewell	CMC	John Parsons	CMC	Ford	Fiesta	1800	Black	J576 BPU	E
27	Jeremy Crook	Chelmsford	James Crook	Chelmsford	Vauxhall	Astra	1400	White	S633AUY	E
28	Isaac Zarmati	CMC	David Leadbetter	CMC	Peugeot	205 XS	1360	Red	H32 HEH	E
29	Will Malkin	Knighton MC (Powys)	Richard Mills	Jaguar Apprentices MC	Volkswagen	Golf	1998	Green	A641MWW	E
30	Mike East	Hart	Roger Davidson	Csma	Peugeot	106 Xsi	1360	White	J51DVF	E
31	Ash Chapman	Mid Derbyshire MC	Dan Spittlehouse	Lincs Louth MC	Proton	Coupe	1834	Blue	Y645HEU	E
32	Clive Baylis	TBA	Pat Gadsby	CSMA	Vauxhall	Viva HB	1700	Rust	BEV 813L	E
33	Craig Bellworthy	Mid-Derbyshire MC	Paul Taylor	Clitheroe & DMC	Vauxhall	Nova	1300	Yellow	B240 GTV	E
34	Glyn Heighton	ECMC/CMC	Bernard Baker	ECMC	Ford	Escort RS2000	1998	White	P346 TDX	E
35	Chris Parmenter	CMC	Andy Merchant	CMC	Rover	200	1396	Green	R611 ULO	E
36	Richard Oxley	Mid-Derbyshire MC	Richard Whetstone	Mid-Derbyshire MC	Proton	Compact	1597	Blue	P295 SFE	E
37	Michael Vergers	Chelmsford MC	tba		Honda	CRX	1600	White		SE
38	Ian Newton	MCC	Cariss Sherridon		Ford	Escort	2100	Yellow	BBO 77L	SE
39	Matt Chapman	MDMC	Jonathan Chapman	MDMC	Vauxhall	Corsa SRi	1389	Black	M788 HKG	SE
40	Peter Riddle	SCCON	Daniel Key	SCCON	Vauxhall	Nova SR	1297	Red	C85 XAH	SE
41	David Leckie	SCCON	David Bell	SCCON	Vauxhall	Nova	1388	Black	J471 CNG	SE
42	Derek Newbould	CSMA / Rugby MC	James Newbould	CSMA / Rugby MC	Vauxhall	Corsa	1389	Red	KH03 HBK	SE
43	Dave Broadley	Lincs Louth MC	Mike McKenna	Lincs Louth MC	Lada	Riva	1456	Blue	A945WFE	SE
44	Karl Ruijsenaars	Lincs Louth MC	Herman Ruijsenaars	Lincs Louth MC	Lada	Riva	1456	White	K617 OTL	SE
45	Graham Child	Sevenoaks DMC	Kevin Ablitt	Sevenoaks DMC/CMC	Ford	Escort Mexico	1998	Red	UUL 176M	SE
46	Dean Clayton	CMC	Craig Marven	CMC	Citroen	AX GT	1360	Grey	H912 BRV	SE
47	Clive Chapman	csma	Ian Perry	csma	Rover	Metro GTi	1396	Purple	J36LFL	SE
48	James Vincent	Matlock	Kelvin Phipps	Matlock	Peugeot	306	1998	Red	N608 CNO	SE
49	Suze Endean	CMC & 7oaks	Matt Endean	CMC & 7oaks	Nissan	Micra	998	Red	M659 XVG	SE
50	Adam Gardner	Loughborough	Nathan Marriott	Eastwood Mc	BMW	318i	1800	White	G101 WNK	SE
51	Jamie Brown	SCCON	Brian Marquis	SCCON	Honda	Civic	1600	White	M111 GEN	N
52	Simon Bentley	Alwoodley MC	Chris Worrall		Proton	Persona	1600	Blue	S393BTV	N
53	Angus Dawe	BRSCC	Ciro Carannante	De Lacy	Peugeot	205 GTi	1900	Red	E479 AMW	N
54	Chris Walker	MDMC	Dennis Cooke	MDMC	Citroen	Saxo	1400	Blue	T168ENN	N
55	Robin Liddell	BRDC	Louise Flitton		Peugeot	205	1905	White	E988 WHR	N
56	Jamie Morton	Chelmsford MC	TBC		Volvo	440 Si	1800	Green	L139 JFL	N
57	Sam Jordan	Chelmsford MC	Thomas Wareham	TBC	BMW	316i Compact	1600	Blue	M738 LYU	N
58	Tristram Smith	CMC	Nick Winzor Saile	CMC	Nissan	Sunny	1400	White	L460 TNG	N

29/11/09

# The Preston 2009

## Final Instructions

Welcome to the 31st running of the 'One and Only "Preston" Rally. Whether you are the driver or navigator please read these instructions IN FULL. You should also print these instructions and bring them with you to the Start.

Your Start Number is shown on the above entry list. However, please note that we reserve the right to alter the seeding should this be necessary. Your Start Number will be confirmed at the Noise Check.

Firstly, some words about our two good causes this year. The East Anglian Air Ambulance is run entirely through a charitable trust. It covers one of the most spread out populations of England and costs around £800,000 a year to run. Our excellent Start venue is the service centre for the ambulance motor pool and is being made available to us for the 8<sup>th</sup> year running. Obviously we hope that their services will not be required on our event. The fact that 'The Preston' supports The Air Ambulance (i.e., giving money!!) has been influential in many landowners making the decision to allowing us to use their tracks and long may this continue to do so. As you will know without the extensive use of private land 'The Preston' would not run'. **Therefore a big plea! At the Start, even though Chelmsford Motor Club will be donating £10 from the entry fee for each crew starting the event to the Air Ambulance, there will also be collection buckets. Please put some cash in them, folding money is always best! Also please sign the Gift Aid form as this allows the Charity to reclaim the tax paid.**

Our second good cause this year is that for each starter we will be paying £5 to plant a tree on one of the Estates. This is in support of our environmental strategy to minimise the adverse effect of carbon emissions. This initiative has also been very favourably commented upon by many landowners and residents long the route. As we have plans to request more land for 2010, you can see why this initiative may pave the way to securing more private land in future years.

Please note that as these finals are published on the Interent, more detailed information relevant to the event will be provided at signing on.

### Amendment to past winners

1983	Tony Wardle	Tom Bigwood	Ford RS2000
1981	Ian Rowles	Herman Ruijsenaars	Ford RS2000
1980	John Powell	Bernie Baker	Opel Kadett GTE
1979	John Barlow	Nigel Booth	Ford Escort 1600
1978	John Powell	Bernie Baker	Ford Escort BDA

### 3. Authorisation

DOE Authorisation Number: See Notice Board at the Start

### 7. Details of Event

#### 7.1 Time schedule

Noise / horn / wipers test: 18.20 - 20.20. Your due time is 18:20 + Car Number (see attached entry list and above). **Be on time! Not early, not late, but on time.**

Scrutineering: 18.30 - 20.30

Signing on 18.40 - 20.45. Reserves from 20.30

Compulsory competitors briefing at **21:00 prompt** in the signing-on room

Event Start, MTC1: 22.00 (Car '0')

**All Competitors must visit Noise Check first, Do NOT go to the Start venue first, not even briefly.**

## 7.2 Noise Test:

This is situated in the area rear of Fiveways and Mildenhall Car Sales. Access and exit is via the car wash forecourt on the right hand side of the A1101 Mildenhall Road 50 metres from the actual roundabout. If you have a trailer, unload and store it at the noise area as specified below. Follow the venue diagram precisely.

**Note: This is a new location!**

*Please watch web site as we may be able to get another access into this area so we can have access from the A1065 Brandon/Swaffham road.*

## 7.3 Trailers:

These are to be unloaded in the area to the west of the actual Noise Test. Once you have unloaded please join the Noise Test queue. The main gate will be locked at the end of Noise Test using a number padlock. The number will be displayed at the start should you need to gain access overnight through retirement. Please ensure that the gate is secured afterwards. **See Noise Test venue diagram.** Noise officials will give directions if necessary.

***Do not park trailers at the finish venue - Penalty - Exclusion***

## 7.4 Noise to the Start:

Turn left out of the forecourt onto the roundabout and turn right (that is the fourth exit - A11 signposted Newmarket). This is dual carriageway and the Start is on the *opposite* carriageway after 250 metres. Go past the Start and turn right, signposted Barton Mills. **Do not do a u-turn on the A11.** Go across the other carriageway as if into the village and then do a U-Turn. Come back to A11 and turn left (GW), towards the Start.

## 7.5 Start Venue:

Enter venue (from A11) with care. Follow the attached diagram precisely - get fuel first (after Noise, but before Scrutineering). Leg 1 mileage information will be issued at the Noise Test. Please note and observe the one-way system in operation at the Start venue. Adjacent to the Start venue there is a Little Chef Restaurant, and there will also be a 'hot dog type catering van' in attendance. Please patronise these facilities.

## 7.6 Cleanliness:

NO LITTER at Start, Rest Halt or Finish venues. PLEASE DO NOT LET US DOWN ON THIS. Breakfast is included in the entry fee this year. You will be given a 'breakfast ticket' upon arrival at the Finish (even if you have retired). And finally, The Preston is a club level event run by, and for, true enthusiasts; it survives because of the support of the sponsor(s) / organising club / event organisers / marshals / landowners and numerous others, so please remember, even if things go wrong, that everybody involved on this event is giving up their time voluntarily so YOU, the Competitor, can have some fun.

## 8 Entries

8.1 The maximum number of entries has been increased to 65

8.2 Please advise the Entries Secretary as soon as possible of any missing details concerning your entry, or if you have to make any changes, or if you have to withdraw. This is very important to give Reserves as much notice as possible that they have moved up the order.

## 10 Awards:

Those trophy winners of 2008 who have entered this year, please remember to bring the trophies back (***clean and polished please***) Thank you.

10.1 Semi-expert awards No award for 3<sup>rd</sup> in class

Novice awards No award for 3<sup>rd</sup> in class

## 11 Officials

Deputy Clerk of Course	-	Jim Bowie
Assistant Clerk of Course	-	Gordon Popperwell (Was Deputy)
Chief Scrutineer	-	Mark Barham (Delete Nick Pope)
Equipment Officer	-	Dave Thompson (Was Geoff Lobb)
Stewards	-	Sue Speller and Steve Cole (Delete Gavin Leech)

## 21 Scrutineering:

Scrutineering will be efficient, so be ready and on time.

Vehicles will fail scrutineering unless presented in a clean condition. Bring your vehicle's MOT certificate and Registration document (V5), we are entitled to check them and may do so.

All competitors are required to carry at least one sponge and a minimum of 1.5 litres of water for the purpose of cleaning car lights and registration number plates during the event. This will be checked at Scrutineering.

All competitors are strongly advised (for those who don't know, or are a bit mad or simple), to use knobbly tyres on this event... every year some of you turn up on road tyres, and you really are asking for trouble. If you insist on using road tyres, it is only a matter of time until you get stuck.

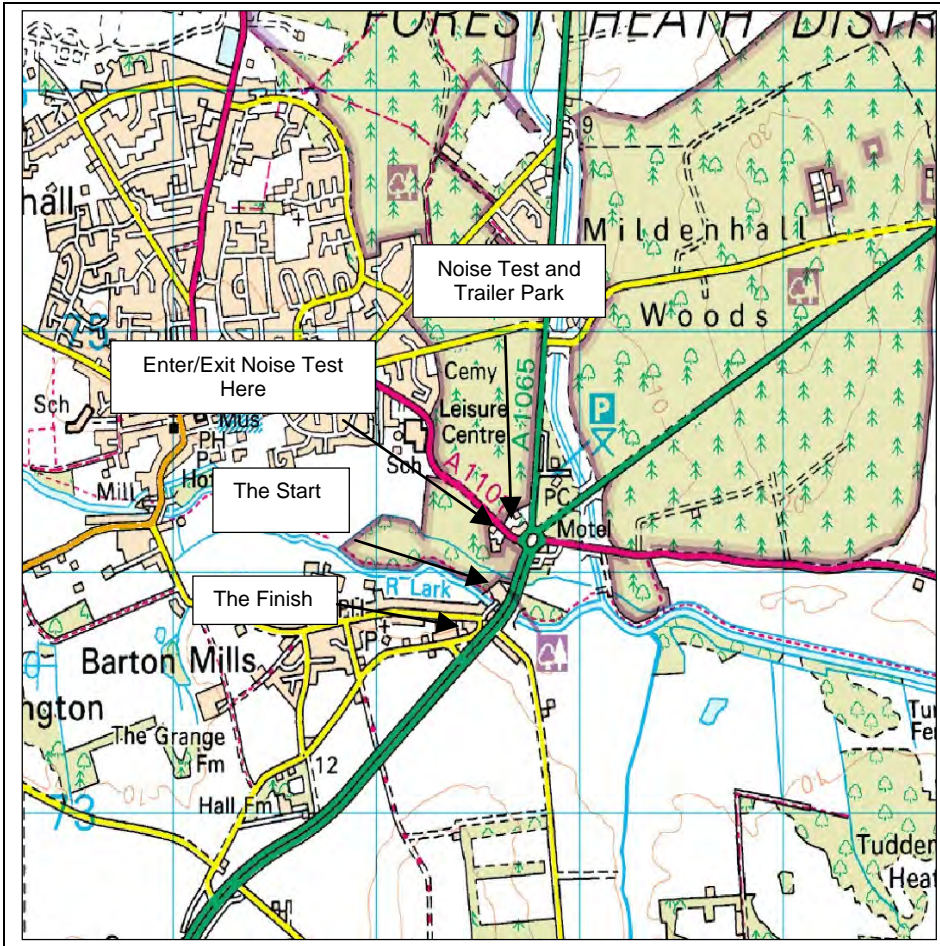
### Other information:

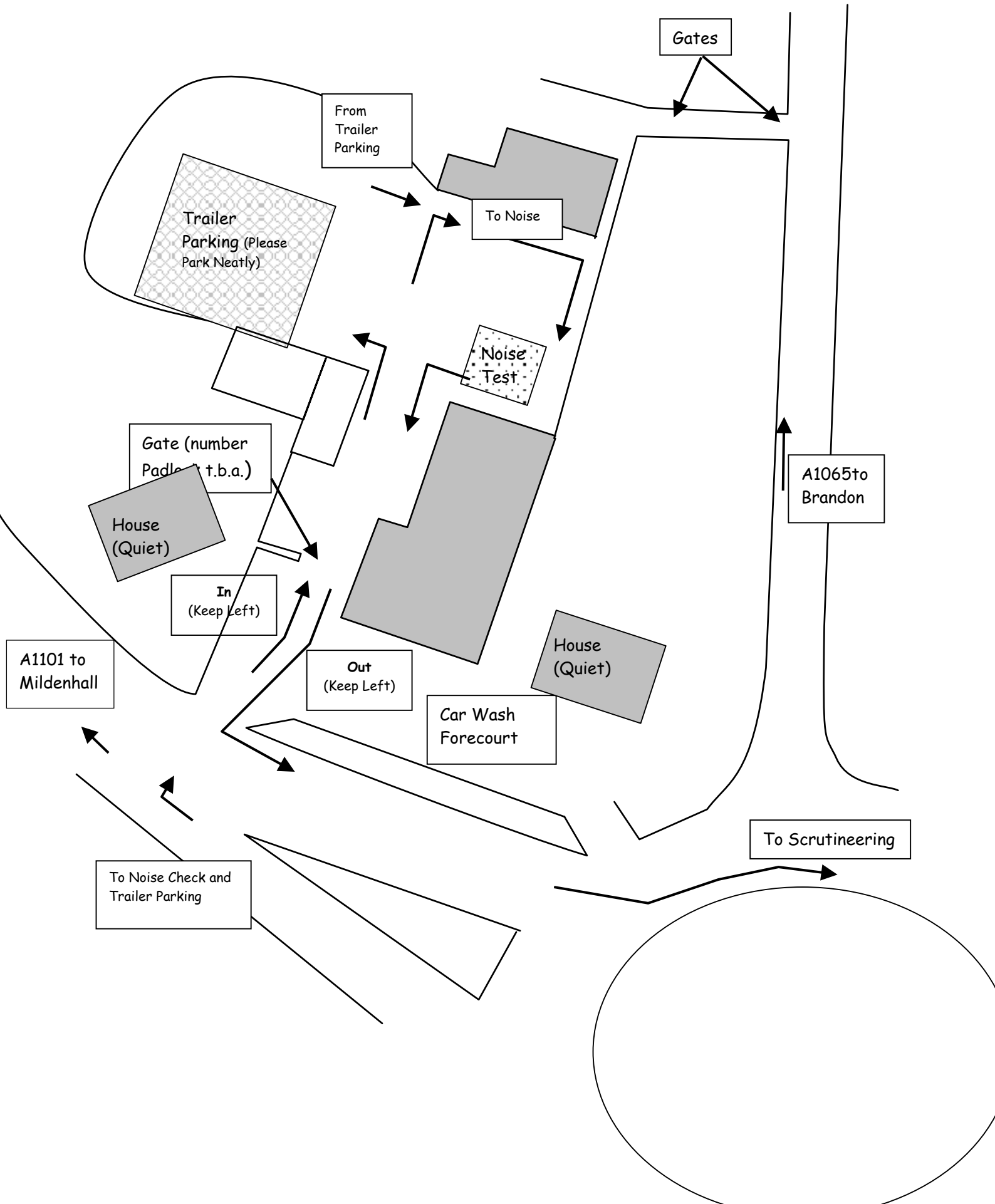
Only the 2 signed-on crew members may be carried in each competing car

Spectators are not at all welcome on this event; we are sorry to take this stance but we have good reason. There will be no spectator information whatsoever. Competitors, under no circumstances are you to bring or invite any persons to this event unless they are going to marshal. Competitors found doing so, or divulging route information, will be refused a start / excluded with no refund of entry fee.

Competitors receiving any assistance during the event from 'support crews' or 'service vehicles' WILL be excluded, banned permanently from The Preston, and reported to the MSA. You will be required to sign a special declaration at the Start stating that you have no such support

*Looking forward to seeing you all on Saturday!      The 'New' Management.*





Gates

From Trailer Parking

Trailer Parking (Please Park Neatly)

To Noise

Noise Test

Gate (number Padlock t.b.a.)

House (Quiet)

In (Keep Left)

A1065 to Brandon

House (Quiet)

Out (Keep Left)

Car Wash Forecourt

A1101 to Mildenhall

To Scrutineering

To Noise Check and Trailer Parking

**The Start**  
East Anglian Ambulance  
Workshops  
Milford Service Area (A11)  
Ref: 154 / SW 726.5 739  
Tel: 01638 515143

ops

Ambulance parking

Car Wash

MTC 1

TO NTC 2

STOP  
GW

Competitor Parking

Competitor Parking

OUT

Competitor Parking

SHOP

IN

one  
way

Fuel

**A11**

one  
way

Scrutineering

Signing  
On

Loos

To  
Scrutineering

TO MTC 1

OUT

IN

Little Chef

IN

Refreshments

Officials Parking

