

CHELMSFORD MOTOR CLUB PRESENTS

# The Preston 2015

Sponsored by Preston's Garages, Writtle, Chelmsford  
The 37<sup>TH</sup> running of the 'One and Only' Preston

**5th & 6th December 2015**

## Final Instructions

**East Anglian Air Ambulance**



**The Preston 1978 ~ 37 Years ~ 2015**

No	Driver	Club	Navigator	Club	Car	Reg.	Colour	CC	Class
1	Jamie Turner	Tavern	Richard Pashley	Guildford MC	MG ZR	BG03NTL	Black	1596	E
2	Ian Ainsworth	Matlock MC	Richard Hage	Eastwood & DMC	Proton Coupe	P592 WTC	Green	1800	E
3	Mark Banham	Kings Lynn DMC	Jonathan Stimpson	SCCON	Rover 25 GTI	Y843WDX	Red	1796	E
4	Paul Sharp	Chelmsford M/B18	Paul Barrett	Chelmsford	Rover 25	FN51WTK	Blue	1398	E
5	David 'Darkie' Lewis	Whickham	Richard Holdsworth	Mid Derbyshire	BMW 318Is Coupe	M660MBO	Purple	1800	E
6	Rob Kitchen	SCCON	Ed Rutherford		Rover 214	V391YEE	Green	1400	E
7	Craig Bellworthy	Mid Derbyshire MC	David Smalley	Kings Lynn DMC	Ford Puma	R202 TCW	Silver	1700	E
8	Justin Chapman	Mid Derbyshire MC	Emily Chapman	Mid Derbyshire MC	Peugeot 205 GTI	C710HHG	Grey	1580	E
9	David Lobb	Chelmsford MC	Lizzie Pope	Wessex/Chelmsford MC	Vauxhall Corsa	D8 DGL	Black	1399	E
10	Steve Massey	Chelmsford MC	Matt Beebe	Chelmsford MC	MG ZR160	BF52 UEY	Blue	1798	E
11	Carl Hawkins	061	Sam Collis	Matlock	Mitsubishi Colt	PIW8600	White	1598	E
12	Tim Tordoff	Matlock	Ian Frazer	Matlock	MG ZR		Yellow	1396	E
13	Richard Oxley	Mid Derbyshire	Andrew Lowe	Weston-Super-Mare/Bath	Proton Compact	P295 SFE	Blue	1597	E
14	Lee Burgess	Mid Derbyshire MC	TBA		Peugeot 205	H188JPY	White	1580	E
15	Stefan Taylor	Chelmsford MC	Adrian Gladwin	Chelmsford MC	Proton Coupe	T96 SAC	Blue	1800	E
16	Sam Self	Knutsford	Andrew Hughes	Chelmsford MC	Proton Coupe		Yellow	1834	E
17	Mick Monaghan	Matlock MC	Matthew Broadbent	Knowldale/CMC	BMW 318Ti Compact	S34 SJC	Blue	1896	E
18	Conrad Bos	West Suffolk/Chelmsford	Geoff Crabtree		MG ZR	805 CBD	Yellow	1400	SE
19	Pete Gabbatiss	Stockport 061	Derek Alan Ogden	Stockport 061	Proton Persona	S393BTV	Blue	1600	E
20	Keith Lane	Chelmsford MC	Martin Lane	Chelmsford MC	Ford K A	S418 OTR	Silver	1300	SE
21	Martin Payne	Stockport 061	Sarah Payne	Stockport 061	Daewoo Lanos	MM51 GPO	Silver	1400	SE
22	Robin Eyre-Maunsell		Matthew Vokes	Knutsford & DMC	Nissan Cherry	B959 DWA	Blue	1488	E
23	Ed Scott	Chelmsford MC	Ben Scott	Chelmsford MC	Proton Satria	Y446 HHT	Silver	1834	E
24	Sheldon Furby	Chelmsford MC	John Parsons	Chelmsford MC	MG ZR	J88 SHX	Yellow	1396	SE
25	Graham Child	Sevenoaks/Chelmsford	Joy Waiton	Sevenoaks	Rover 200	P177RBH	White	1400	SE
26	Mark Slatcher	Mid Derbyshire	Alistair Leggett	Matlock Motor Club	MG ZR	N444 HWA	Silver	1400	E
27	Peter Riddle	SCCON	David Leckie	SCCON	Vauxhall Nova	J789 VJN	Blue	1388	SE
28	David Smoley	Chelmsford MC	Charles Thompson	Chelmsford	Ford Puma	W104NNB	Red	1400	N
29	Dan Arthurton	Chelmsford MC	Joe Massey	Chelmsford MC	Nissan Micra	L61WVK	Red	1000	N
30	Freddy Camp	North Devon	7831551908		MG ZR	HF55FBV	Silver	1396	E
31	Nick Banks	116 MC	Reg Gradden	CVMC	Rover 25 GTI	K555NCK	Black	1800	SE
32	Paul Dumbill	Chelmsford MC	John Conboy	Chelmsford MC	Peugeot 106 Rallye	N229 VNN	Red	1294	N
33	Steve Croucher	Rugby MC	Rob Granger	RAF MSA	Skoda Favorit	M93 XV7	Blue	1289	SE
34	Andrew Scott	West Suffolk/Chelmsford	Bill Scott	West Suffolk/Chelmsford	Mazda MX5	R686NGF	Silver	1839	N
35	John Peterson	CMC/Kings Lynn/SCCON	Ian Graham	CMC/Clitheroe & District	Peugeot 306 Gti6	R860 YEV	Red	2000	SE
36	James Newbould	CSMA/Rugby	Allan Edmondson	HRCR	Vauxhall Corsa	KH03 HBK	Red	1389	E
37	Jon Richardson	WBCC	Stewart Lawrence	Mini Cooper Register	Ford Escort Mk1	EST137D	White	1993	E
38	Craig Varney	KDCC / BBAC	Alex Higgins	KDCC / BBAC	Peugeot 206 GTI 180	SR03 FNF	Blue	1998	N
39	Mike Saywell	Wessex / SHMC	Nick Clarke	Southsea MC	Peugeot 106 Rallye	L106 WGJ	White	1294	E
40	Mark Eastman	Knutsford & DMC	Matthew Scott	Knutsford & DMC	Rover 216	K170GEX	Red	1590	N
41	Michael Davison	Tynemouth/Hexham	Hannah McKillop		Proton Compact	R 843 RHY	Blue	1299	N
42	Nick West	BSSMC/CSMA	Mathew Smalley	Kings Lynn DMC	Suzuki Ignis	GD53 FHE	Silver	1490	N
43	Clive Cooke	Sevenoaks	Kevin Ablitt	Chelmsford/Sevenoaks	Suzuki X90	R134 XBU	Blue	1600	E
44	Stephen Baker	Jaguar Apprentices MC	Tom Campbell	Jaguar Apprentices MC	Ford Focus	X118 XVS	Blue	1388	SE
45	Chris Dodds	Whickham	Josh Davison	Tynemouth	Peugeot				SE
46	Dale Lawson	SCCON	Andrew Lawson	SCCON	MG ZR	MT04YBN	Blue	1400	N
47	Gee Warner	Chelmsford MC/WSMC	Vincent Hawtree	Wickford AC	Rover 200	P35SPW	White	1396	N
48	Matt Carr	Matlock	Mark Fletcher	Eastwood & DMC	Ford Puma	YT02EZV	Silver	1700	N
48	Entries	16:49 30/11/15							

# The Preston 2015

## Final Instructions

Welcome to the 37<sup>TH</sup> running of the "One and Only" Preston Rally. Whether you are the driver or navigator please read these instructions IN FULL. You should also print these instructions and bring them with you to the Start.

Your Start Number is shown on the above entry list. However, please note that we reserve the right to alter the seeding should this be necessary. Your Start Number will be confirmed at the Noise Check.

'The Preston' is once again supporting the The East Anglian Air Ambulance which is a charitable trust. It covers one of the most spread out populations of England and costs around £1m a year to run and is now a twenty four hours seven days a week operation. Our excellent Start venue is the service centre for the East of England Ambulance Service and is being made available to us for the 11<sup>th</sup> year running. Obviously we hope that their services will not be required on our event. The fact that 'The Preston' supports The Air Ambulance (i.e., giving money!!) has been influential in many landowners making the decision to allow us to use their tracks and long may this continue. As you will know without the extensive use of private land 'The Preston' would not run'. **Therefore a big plea! At the Start, even though Chelmsford Motor Club will be donating £10 from the entry fee for each crew starting the event to the Air Ambulance, there will also be collection buckets. Please put some cash in them, folding money is always best! Also please sign the Gift Aid form as this allows the Charity to reclaim the tax paid.**

Please note that as these finals are published on the Internet at [www.chelmsfordmc.co.uk](http://www.chelmsfordmc.co.uk), more detailed information relevant to the event will be provided at signing on.

### 7. Details of Event

#### 7.1 Time schedule

Noise / horn / wipers test: 18.20 - 20.20. Your due time is 18:20 + Car Number (see attached entry list and above). **Be on time! Not early, not late, but on time.**

Scrutineering: 18.30 - 20.30

Signing on 18.40 - 20.45.

Compulsory competitors briefing at **21:00 prompt** in the area outside the scrutineering bay

**Event Start, MTC1: 21.51 (Car '1')**

**All Competitors must visit Noise Check first, Do NOT go to the Start venue first, not even briefly.**

#### 7.2 Noise Test:

This is situated in the large lay-by on the right side of the A1065 Brandon road, approx 500m from the Five Ways roundabout. Please enter at the far (northern) end and take care when turning into and exiting the lay-by. (please see plan)

#### 7.3 Trailers:

These are to be unloaded at the finish venue, A11 - Elveden Estate Restaurant (MR 144/822801). This venue is approx 8 miles from the Five Ways roundabout, please park trailers before going to Noise Test. The A11 has significantly changed in the Elveden area, see the map attached. There will be arrows to direct you into the trailer parking area. Please park sensibly.

#### 7.4 Noise to the Start:

Turn left out of the Noise Test lay-by to Five Ways roundabout take 3<sup>rd</sup> exit - A11 sign posted Newmarket. This is dual carriageway and the Start is on the *opposite* carriageway after 250 metres. Go past the Start and turn right, signposted Barton Mills. **Do not do a u-turn on the A11.** Go across the other carriageway as if into the village and then do a U-Turn. Come back to A11 and turn left (GW), towards the Start.

## 7.5 Start Venue:

Enter venue (from A11) with care. Follow the attached diagram precisely - get fuel first (after Noise, but before Scrutineering). Toilets are available in the main building, enter via marshals signing on door and they are straight ahead. Leg 1 mileage information will be issued at the Noise Test. Please note and observe the one-way system in operation at the Start venue. On the roundabout is a new Shell garage and a Macdonalds restaurant and drive thru, on the opposite side of the A11 to the Start venue is a Little Chef Restaurant and there is also the Pancake and Waffle Shack adjacent to the start.

**There is a speed limit on approach to the Start from the south - please ensure absolute compliance as this is most likely to be actively monitored by Suffolk Police.**

## 7.6 Cleanliness:

NO LITTER at Start, Petrol or Finish venues. PLEASE DO NOT LET US DOWN ON THIS. Breakfast is included in the entry fee. You will be given a 'breakfast ticket' upon arrival at the Finish in exchange for your Damage Declaration, even if you have retired you can still have breakfast which will be available from approximately 6 a.m. until around 7.30 a.m..

And finally, The Preston is a club level event run by, and for, true enthusiasts; it survives because of the support of the sponsor / organising club / event organisers / marshals / landowners and numerous others, so please remember, even if things go wrong, that everybody involved on this event is giving up their time voluntarily so you can have some fun.

## 8 Entries

8.1 Please advise the Entries Secretary as soon as possible of any missing details concerning your entry, or if you have to make any changes, or if you have to withdraw.

8.2 Competition licenses. For those entrants who do not have a current MSA competition license we will accept completed application forms with a passport size photograph and the appropriate fee. Anyone who wishes to avail themselves of this facility and have not come prepared as stated above will not be allowed to start.

## 11 Officials

DSO Gordon Milbank / Brian Milbank / Kevin Peake / Melanie Duffy

## 17(iv) OTL

Maximum permitted penalty-free lateness will be 30 minutes & 59 seconds at all controls (i.e. 'OTL' time is 31 minutes) except the final control (MNTC44) which will be 45 minutes and 59 seconds.

## 21 Scrutineering:

Scrutineering will be efficient, so be ready and on time.

**Vehicles will fail scrutineering unless presented in a clean condition. Bring your vehicle's MOT certificate and Registration document (V5) and make sure it is taxed for December! By signing on you are responsible for ensuring that your vehicle is correctly taxed.**

All competitors are required to carry at least one sponge and a minimum of 1.5 litres of water for the purpose of cleaning car lights and registration number plates during the event. This will be checked at Scrutineering.

All competitors are strongly advised to use knobby tyres on this event.

## NOTE:

Only the 2 signed-on crew members may be carried in each competing car.

Spectators are not at all welcome on this event; we are sorry to take this stance but we have good reason. There will be no spectator information whatsoever. Competitors, under no circumstances are you to bring or invite any persons to this event unless they are going to marshal. Competitors found doing so, or divulging route information, will be refused a start and excluded with no refund of entry fee.



Competitors receiving any assistance during the event from 'support crews' or 'service vehicles' WILL be excluded, banned permanently from The Preston, and reported to the MSA.

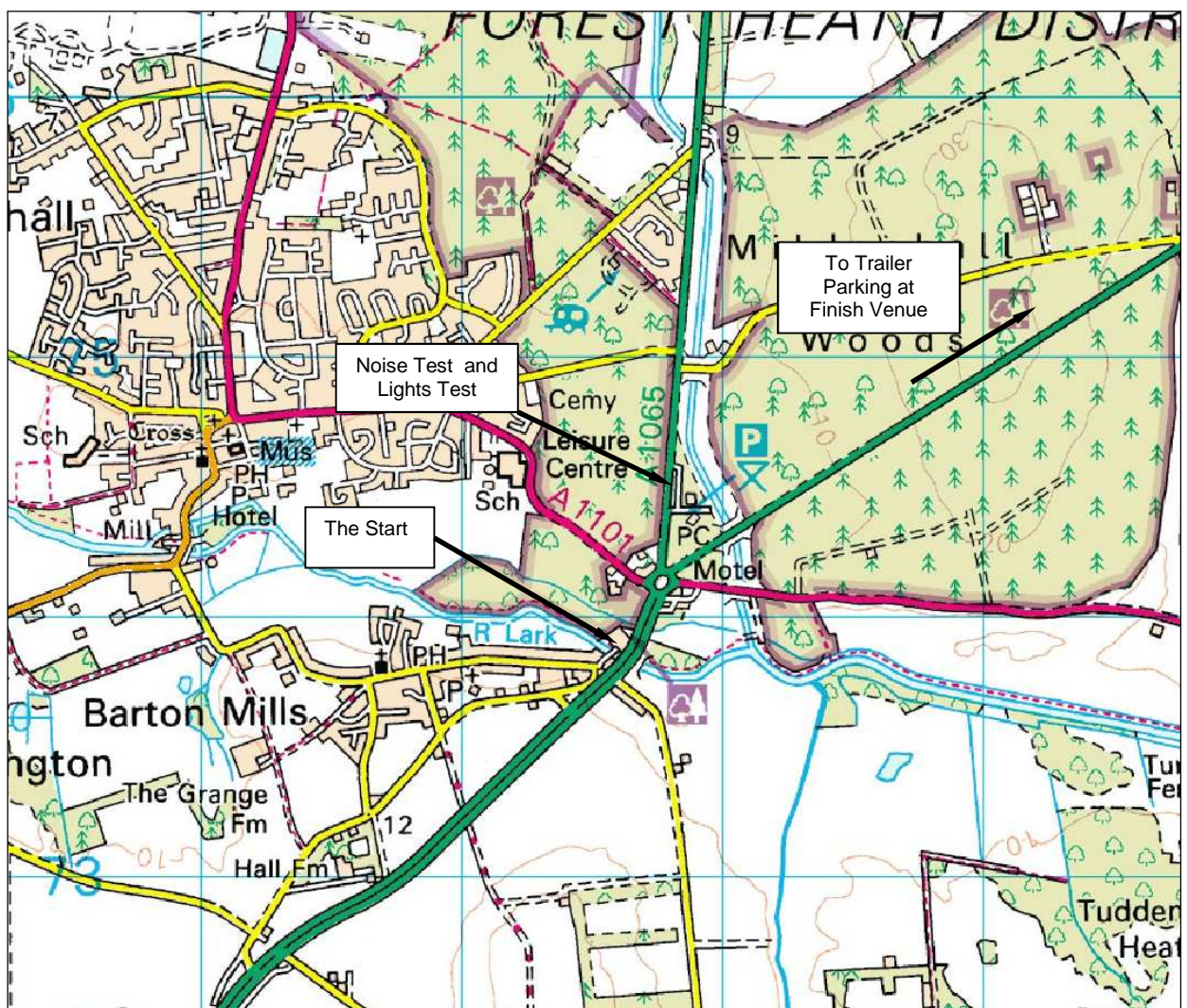
The use of in-car video equipment is banned, any competitor found in contravention will be excluded from the event and banned permanently from The Preston. The equipment will be confiscated and any recorded material destroyed.

Use of headsets is only permitted by crews where a member of that crew has a letter of dispensation from the MSA.

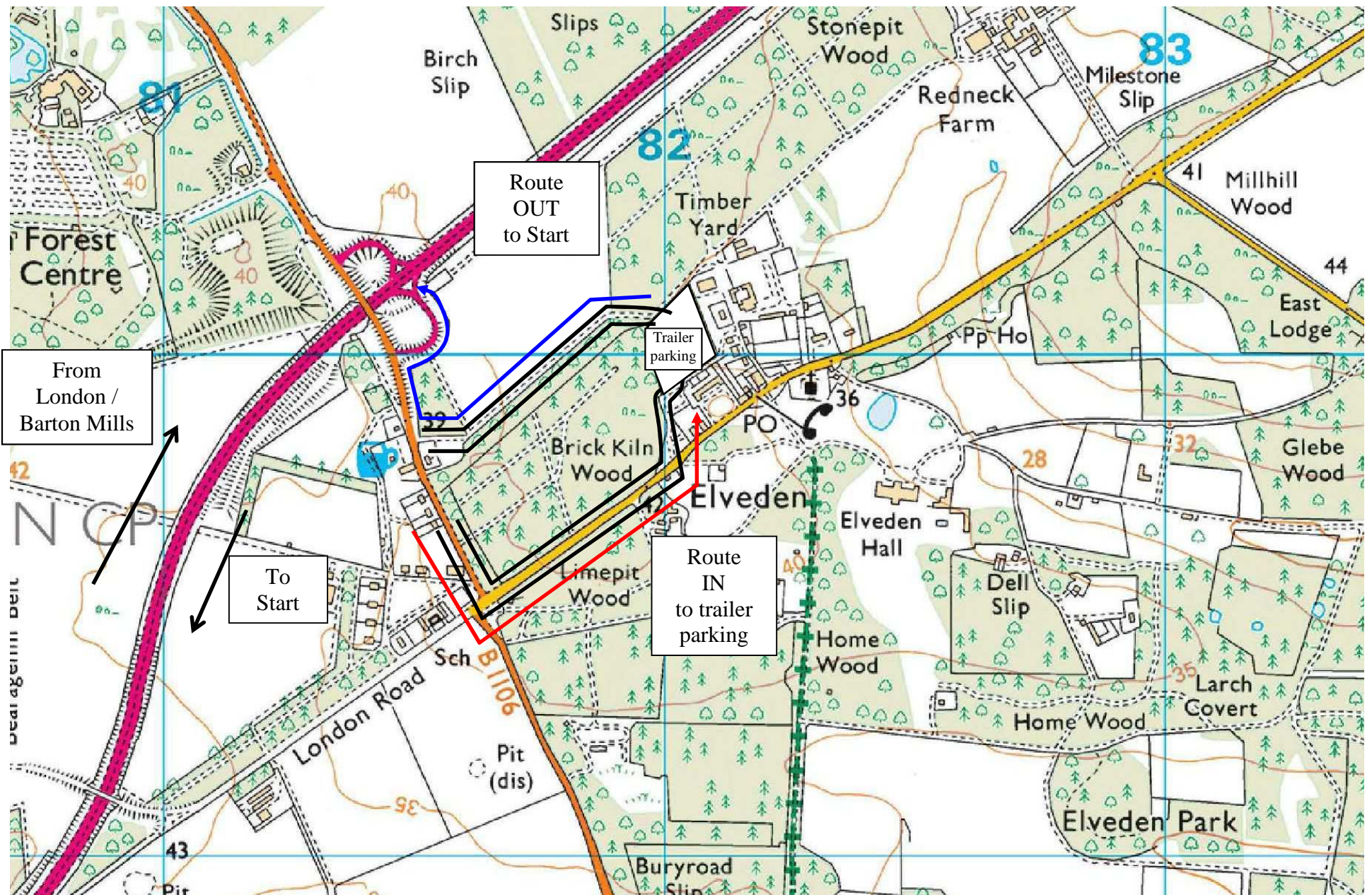
1<sup>st</sup> petrol halt is the Shell garage at the Five Ways roundabout, and is after a gentle introduction to the event of approximately 34 mile of which 12 are neutral / transport, you will have 20 minutes here to fill up your water container and serving hot drinks, hot food etc.

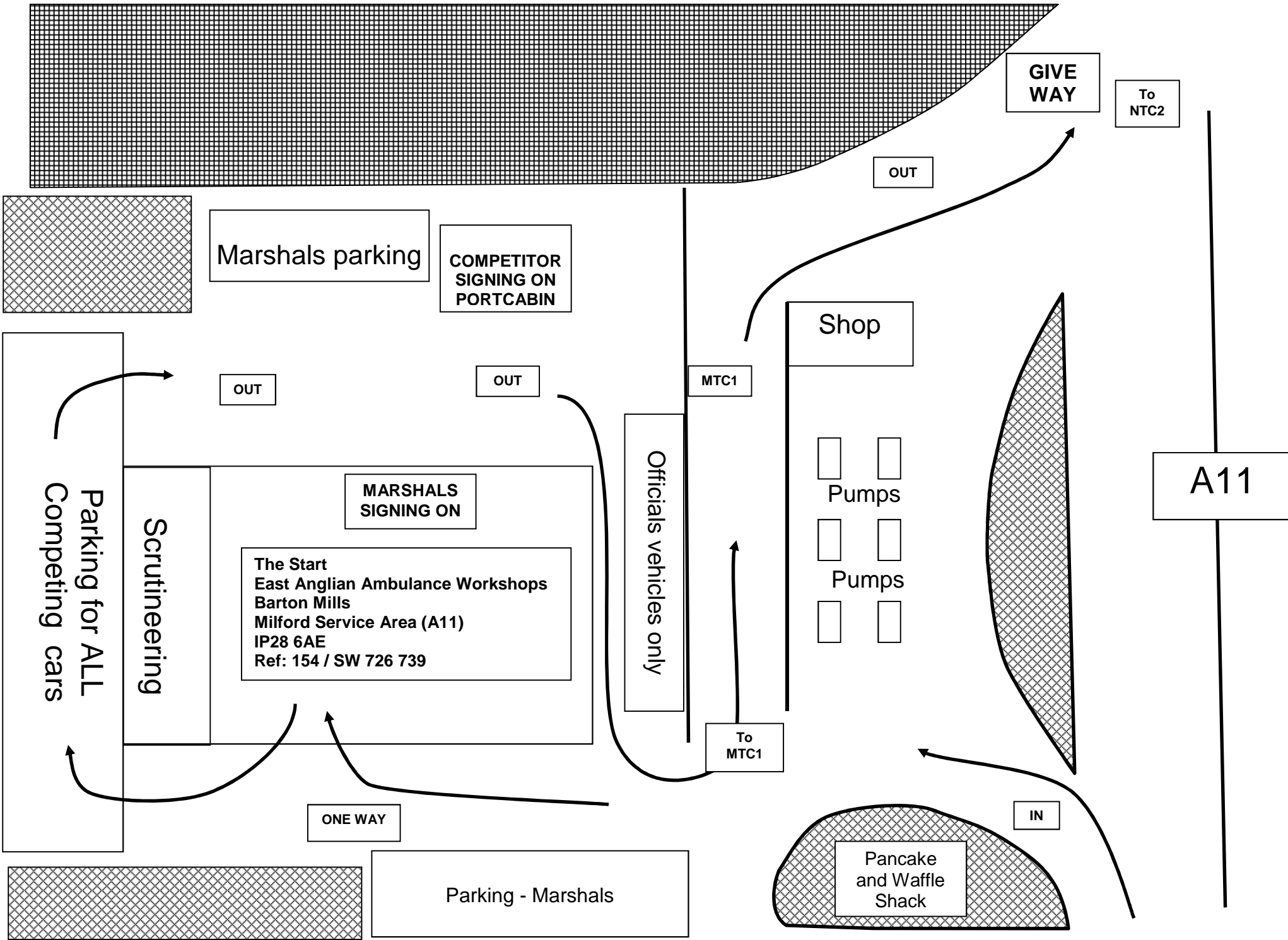
2<sup>nd</sup> Petrol halt is a BP Connect and they will have staff on duty, also serving hot drinks, hot food etc. You will have 40 minutes here and you will have enough time to have a drink and eat if you wish. Please make use of these facilities.

*Looking forward to seeing you all on Saturday! The Organising Team.*











# Map showing revision to A11 between Barton Mills and Thetford

**Note**  
There have been significant changes to the A11 between Barton Mills and Thetford. The dual carriageway improvements have eliminated virtually all access points. Once on the A11 northbound you can only exit as shown onto the B1106 until you reach the Thetford roundabout. The A11 southbound has an additional **exit only** approximately 1 mile after the Thetford roundabout. The exit from / to the B1106 is tight and requires care especially if trailing. Follow signs for B1106 Elveden to get to trailer park which is arrowed off the B1106.

