

## EAC 2016 Navigation Handout 1 – Morning Route

Issued at MTC – 1 hour

### Regularity A

From RSA at 547½256 to EOR A at S539334

IRTCs A1 and A2 will be found on the correct route.

Via in order

**h 97 98 under 2 x ETL under rail bridge 73**

**under rail bridge 77 108**

Average Speed information: Start at 26 mph. At 533½291½ change to 22 mph. At 524½300½ change to 26. At 523¼310¾ change to 22 mph for 1.02 miles then revert to 26 mph.

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### Regularity B

From RSB at 564356 to EOR B at S613469½

IRTCs B1, B2 and B3 will be found on the correct route.

Via the following spot heights in order **and no others.**

**114 104 97 98 73 117**

**Average Speed Information:** Start at 23 mph. 0.15 miles after IRTC B1 change to 27 mph for 1.99 miles then change to 23 mph. At IRTC B2 change to 27 mph until end of regularity.

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## Regularity C

From RSC at 620½468 to EOR C at NW 686330½

IRTCs C1, C2, C3 and C4 will be found on the correct route

Via Gridlines in order

**63 47 64 65 48 66 67 68 69 70 49 71 72 49**

**48 47 72 71 46 71 45 44 72** Take the longer route in GS 7246

**Then NE705¾432½SE E709½411½S NE684382½SSE**  
**NNE668½360¼SE**

**Average Speed Information:** Start at 28 mph. 1.78 miles after IRTC C1 change to 24 mph. At IRTC C2 change to 27 mph for 1.93 miles then revert to 24 mph. At IRTC C3 change to 22 mph until you meet the B1057, where you change to 27 mph for the remainder of the regularity.

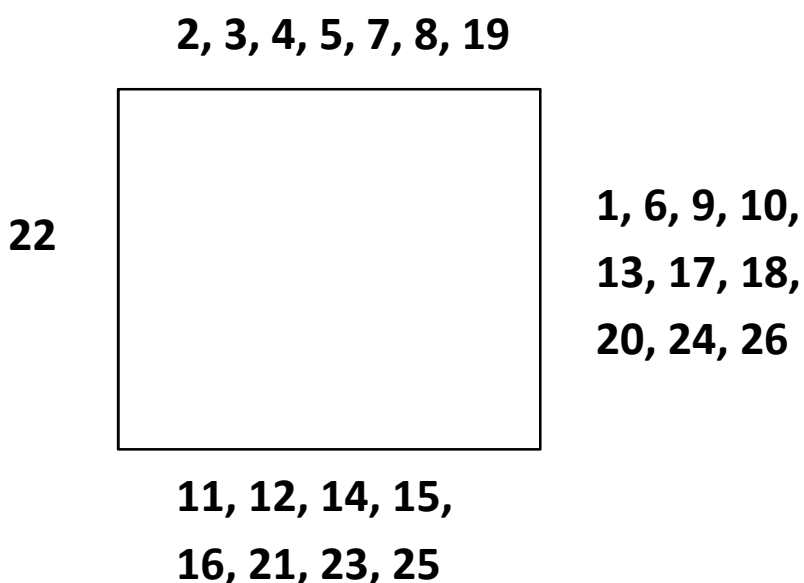
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## Regularity D

From RSD at 699329 to EOR D at WNW 785317¼

IRTCs D1, D2 and D3 will be found on the correct route.

Leave consecutive grid squares in the directions indicated.



**Average Speed Information:** Start at 26 mph. 3.84 miles after IRTC D1 change to 23 mph for 2.88 miles then change to 28 mph. At 777340 change to 23 mph until EOR D.

# EAC 2016 Navigation Handout 2 – Afternoon route 1 Issued at MTC2 lunch out

## Regularity E

From RSE to EOR E

CRO

Follow these tulip diagrams, which are topologically correct although may not resemble the junctions as seen on the map. NAM triangles are not shown unless specifically indicated. Tulips 18 and 19 are 1 junction on the map. Thicker lines indicate A roads. You may use either the attached map extract or your own OS map 168.

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 LWRNAM	19 LWRNAM	20	21
22	23	24	25	26	27	28
29	30	31	32	33	34	35
36	37	38	39	40	41	42
43	44	45	46			

**Average Speed Information:** Start at 28 mph. At junction 4 change to 23 mph. At junction 36 change to 28 mph. At junction 43 change back to 23 mph to EOR.

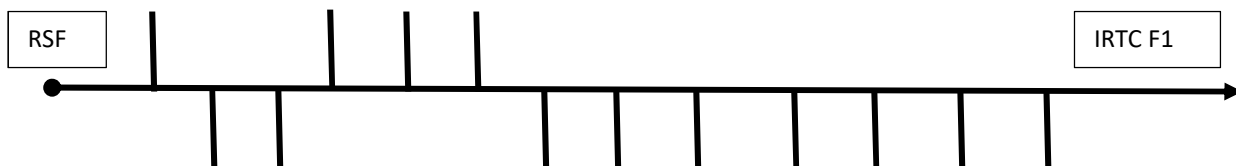
## EAC 2016 Navigation Handout 3 – Afternoon route 2

### Handout 3.1 Issued at RSF

#### Regularity F

From RSF at 711327 to SH 96 in GS 6726

Go via the following herringbone diagram which does not include no through roads:



**Average speed information for the whole of regularity F:**

Start at 25 mph for the whole regularity

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### Handout 3.2 issued at IRTC F1

#### Regularity F continued.

From SH 96 in GS 6726 to SH 82 in GS 6128

Cross the following gridlines in order

**26 25 67 24 24 66 25 26 27 65 27 27 27 27**  
**64 28 63 IRTCF2 29 62 29**

For average speed information refer to handout 3.1

**Handout 3.2 issued at IRTC F2**

**Regularity F continued.**

**From SH 82 in GS 6128 to End of Regularity**

Go via the following Spot Heights in order only.

**82 66 85 73 77 66 82 94 IRTCF3 78 94 113**

**114 IRTCF4 112 104**

**For average speed information refer to handout 3.1**