

CHELMSFORD MOTOR CLUB PRESENTS

# The Preston 2013

Sponsored by Preston's Garages, Writtle, Chelmsford  
The 34<sup>TH</sup> running of the '*One and Only*' Preston

**7th & 8th December 2013**

# Final Instructions

East Anglian Air Ambulance



The Preston 1978 ~ 35 Years ~ 2013

No	Driver	Club	Navigator	Club	Car	Registration	Colour	CC	Class
1	Owen Turner	Chelmsford	Andrew Dadswell	CSMA	MG ZR	YX03VNW	Yellow	1396	E
2	Ian Ainsworth	Matlock MC	Richard Hage	Eastwood & DMC	Proton Satria GTI	W724MWA	Silver	1800	E
3	Simon Harrison	Morecambe	Paul Bosdet	Morecambe	Subaru Impreza 2WD	M261 PAG	White	2500	E
4	Jamie Turner	Chelmsford MC / Tavern	Dan Harrison	KDMC	MG ZR	SB54DLX	Black	1396	E
5	Andy Baker	Mid Derbyshire	Stuart Powell	Forresters	Peugeot 205 GTI	C740 GXK	Red	1588	E
6	Ed Pead	BARC	John Pead	BARC	Peugeot 205	G794ELV	Orange	1600	E
7	Dave Taylor	Chelmsford MC	Adrian Gladwin	Chelmsford MC	Proton Coupe	T 96 SAC	Blue	1800	E
8	Paul Sharp	Chelmsford MC	Paul Barrett	Chelmsford	BMW 318Ti	P511ARP	Black	1800	E
9	Martin Self	Knutsford And District	Richard Pashley	Guildford MC	Proton Coupe	R69BHT	Maroon	1835	E
10	David 'darkie' Lewis	Chelmsford MC	Richard Holdsworth	Mid-Derbyshire	BMW 318 Is Coupe	B8 MUF	Red	1800	E
11	Tim Torfff	Matlock	Ian Frazer	Matlock	MG ZR	L16MMS	Yellow	1396	E
12	Clive Baty	HRCR / Ilkley & District MC	Henry Carr	Ilkley & District MC	Ford Escort RS	AAO 880T	Red	1993	E
13	Steve Massey	Chelmsford	Doctor Neil Thomson		MG ZR	SB51ZTY	Yellow	1400	E
14	Ash Chapman	Mid-Derbyshire MC	Kevin Ablitt	Chelmsford MC / 7 Oaks	MG ZR	AJ04 TZR	Grey	1396	E
15	Jason Straker	Mid Derbyshire			Citroen Xsara	R272CDT	Red	1997	E
16	Freddy Camp	North Devon	Georgina Clark	Tavern	Ford Puma	R958BNF	Red	1386	E
17	Mark Banham	King's Lynn DMC	Jonathan Stimpson	SCCON	Rover 25	Y843WDX	Red	1796	E
18	Craig Bellworthy	Mid Derbyshire	Craig Burgess	Mid Derbyshire	Ford Puma	R202TCW	Silver	1700	E
19	Justin Chapman	Mid-Derbyshire	Emily Chapman	Mid-Derbyshire	Peugeot 205 GTI	C710HHG	Grey	1580	E
20	Peter Gabbatiss	Stockport 061 MC	Alan Ogden	Stockport 061 MC	BMW 318Is	H207POJ	Red	1900	E
21	John Leckie	Matlock Motor Club	Richard Bestwick	Eastwood And District MC	Proton Coupe	X764 AFB	Green	1800	E
22	Keith Lane	Chelmsford MC	Ed Scott	Chelmsford MC	Ford Ka	S418 OTR	Silver	1300	E
23	Geoff Goodwin	David Brown MC	Richard Wilson	David Brown MC	Proton Coupe	T899 NBV	Green	1834	E
24	Charles Thompson	Chelmsford MC	David Smoley	Chelmsford MC / Ilkley	Ford Puma	W104NNB	Red	1400	E
25	Derek Newbould	Rugby MC / CSMA	James Newbould	Rugby MC / CSMA	Vauxhall Corsa	KH03 HBK	Red	1389	E
26	Richard Oxley	Mid-Derbyshire MC	Richard Crozier	Oxford MC	Proton Compact	P295 SFE	Blue	1597	E
27	David Lobb	Chelmsford MC	Lizzie Pope	Chelmsford/WMC/BWRDC	Vauxhall Corsa	D8 DGL	Black	1400	E
28	Dave Quinney	Matlock	Gary Evans	Matlock	Rover 25 GTI	Y248 HFG	Silver	1796	E
29	Steve Brew	Coalville CC	Ingrid Brew	Coalville Car Club	Ford Ka	V151 JWK	Copper	1297	E
30	Ben Smith	Borough 18 MC	Mike Spicer	Borough 18 MC	MG ZR	BN53 OVW	Grey	1396	SE
31	Dave Dimbleby	Lincs Louth MC	Chris Faulkner	Lincoln MC & CC	Ford Fiesta	V468KFM	Blue	1388	SE
32	Ian Newton	Morecambe Car Club	Dave Pedley		Ford Escort Mk2	BCK 87V	Yellow	2000	E
33	Anthony Harrison	Morecambe	Jaz Williams	Morecambe	Peugeot 205 Rallye	K892UPM	White	1360	SE
34	Damien Rigden	CSMA	Ian Orford	CSMA	Proton Satria	V861DLK	White	1598	E
35	Sam Self	Knutsford And District	Andrew Hughes	CMC	Vauxhall Corsa	S892MEP	Blue	1998	E
36	Glyn Heighton	CMC/ECMC	TBA		Ford Escort RS2000	P346 TDX	White	1998	SE
37	Dean Clayton	Chelmsford MC	Gavin Leech	Chelmsford MC	Rover ZS	YT51VUC	Red	2497	SE
38	Dave Broadley	Lincs Louth	Dave Wilkinson	Lincs Louth	Lada Riva	A945WFE	Blue	1456	SE
39	Chris Glen-Smith	CSMA	Clive Chapman	DDMC / CSMA	Rover 200	T281MAB	White	1396	SE
40	Chris Marr	Lincs Louth	Sally Marr	Lincs Louth	VW Polo	R479LGJ	Silver	1396	SE
41	James Vincent	Matlock	Kelvin Phipps	Matlock	Rover 200	V467 KUY	Green	1800	SE
42	Mike Thomas	Chelmsford MC	Rich Baker	Chelmsford MC	Peugeot 205 Gti	G883TYF	Grey	1998	E
43	Dhiren Solanki	Loughborough CC	John Pickavance	Loughborough CC	Peugeot 205 GTI	H556WHR	Grey	1905	E
44	Andy Elcomb	7Oaks	Richard Brooks	South Hams MC	Mazda Eunos	K586 OUF	Black	1600	E
45	Paul Dumbill	Chelmsford MC	Scott Page	Chelmsford MC	Peugeot 106 Rallye	N228 VNN	Red	1294	N
46	John Peterson	CMC/Kings Lynn/SCCON	Ian Graham	CMC/Kings Lynn/SCCON	Peugeot 306 Gti6	R860 YEV	Red	1998	E
47	Sharon Cornick	Chelmsford MC	Ben Greenfield	CMC	Peugeot 205		Black	1400	SE
48	Phil Bennett	BRDC	Matt Broadbent	Knowldale/CMC	Ford Puma S1600	V366 EGK	Silver	1700	SE
49	Matt Beebe	BTRDA			MG ZR 160	M888TBB	Black	1800	E
50	Andy Smith	Matlock	Sam Spencer	Malton MC	Peugeot 306	W439TAC	White	1998	SE
51	Vince Hawtree	WAC CMC	Tim Ball	CMC	Vauxhall Nova SRI	K811 PRY	White	1389	SE
52	Andy Ritchie	Chelmsford MC	Daniel Pidgeon	Amman & District MC	BMW 318Ti	X976HNA	Silver	1898	SE
53	Karl Ruijsenaars	Lincs Louth	Herman Ruijsenaars	Lincs Louth	Lada Riva	K617OTL	White	1456	SE
54	Chris Parmenter	Chelmsford MC	Andy Merchant	Chelmsford MC	Rover 25	W477 JDY	White	1396	SE
55	Nick Banks	CVMC	Reg Gradden	CVMC	Rover 25 GTI	Y186 AVV	Black	1800	SE
56	Adam Brown	Loughborough CC	Adam Gardner		Bwm 318Ti	P266 PLR	Red	1800	SE
57	Rob Stanesby	Mid-Derbyshire	Drew Staton	Mid-Derbyshire	Ford Puma	V277 NRH	Silver	1400	N
58	Kim Adams	Chelmsford MC	Bob Betteridge	Chelmsford MC	Ford Escort 1300E	OWT417M	Yellow	1300	N
59	Adam Woodard	CMC	David Cleveland	CMC	Peugeot 106	M500PUG	Red	1300	N
60	Richard Whetstone	Mid-Derbyshire	Tracy Wood	Mid-Derbyshire	Proton Compact	P906 MAK	Blue	1597	N
61	Martin Payne	Stockport 061 MC	Sarah Payne	Stockport 061 MC	Daewoo Lanos	MM51 GPO	Silver	1400	E
62	David McCarthy	Chelmsford MC	Daniel Minns	Chelmsford MC	Ford Puma	T376CER	Red	1700	N

# The Preston 2013

## Final Instructions

Welcome to the 35<sup>TH</sup> running of the "One and Only" Preston Rally. Whether you are the driver or navigator please read these instructions IN FULL. You should also print these instructions and bring them with you to the Start.

Your Start Number is shown on the above entry list. However, please note that we reserve the right to alter the seeding should this be necessary. Your Start Number will be confirmed at the Noise Check.

'The Preston' is once again supporting the The East Anglian Air Ambulance which is a charitable trust. It covers one of the most spread out populations of England and costs around £1m a year to run and has recently moved to 24x7 operations. Our excellent Start venue is the service centre for the East of England Ambulance Service and is being made available to us once more. Obviously we hope that their services will not be required on our event. The fact that 'The Preston' supports The Air Ambulance (i.e., giving money!!) has been influential in many landowners making the decision to allow us to use their tracks and long may this continue to do so. As you will know without the extensive use of private land 'The Preston' would not run'. **Therefore a big plea! At the Start, even though Chelmsford Motor Club will be donating £10 from the entry fee for each crew starting the event to the Air Ambulance, there will also be collection buckets. Please put some cash in them, folding money is always best! Also please sign the Gift Aid form as this allows the Charity to reclaim the tax paid.**

This year the Little Chef company are celebrating their 55<sup>th</sup> anniversary and have been tasked to do something in each restaurant to recognise this milestone. The Little Chef at Barton Mills (opposite the start), have sponsored a section on our event and for the week leading up to the Preston they are also undertaking fund raising in support of the East Anglian Air Ambulance. So with their help, your contribution and a contribution for Chelmsford Motor Club, we should achieve a bumper donation this year. In a show of support if you arrive early please consider using the Little Chef for food and refreshments.

Please note that as these finals are published on the Internet, more detailed information relevant to the event will be provided at signing on.

### 7. Details of Event

#### 7.1 Time schedule

Noise / horn / wipers test: 18.20 - 20.20. Your due time is 18:20 + Car Number (see attached entry list and above). **Be on time! Not early, not late, but on time.**

Scrutineering: 18.30 - 20.30

Signing on 18.40 - 20.45. Reserves from 20.30

Compulsory competitors briefing at **2100 prompt** in the signing-on room

Event Start, MTC1: 22.01 (Car '1')

**All Competitors must visit Noise Check first, Do NOT go to the Start venue first, not even briefly.**

#### 7.2 Noise Test:

This is situated in the large lay-by on the right side of the A1065 Brandon road, approx 500m from the Five Lanes roundabout. Please enter at the far (northern) end and take care when turning into and exiting the lay-by. (please see plan)

#### 7.3 Trailers:

These are to be unloaded at the new finish venue, A11 - Elveden Estate Restaurant (MR 144/822801). Please see the plan for trailer parking. This venue is approx 8 miles from the Five Lanes roundabout, please park

trailers before going to Noise Test. At Elveden cross roads (Traffic Lights) turn left onto B1106 towards Brandon, after 400m turn right, will be arrowed and follow the trailer park diagram.

#### 7.4 Noise to the Start:

Turn left out of the Noise Test lay-by to Five Lanes roundabout take 3<sup>rd</sup> exit – A11 sign posted Newmarket. This is dual carriageway and the Start is on the *opposite* carriageway after 250 metres. Go past the Start and turn right, signposted Barton Mills. **Do not do a u-turn on the A11.** Go across the other carriageway as if into the village and then do a U-Turn. Come back to A11 and turn left (GW), towards the Start.

#### 7.5 Start Venue:

Enter venue (from A11) with care. Follow the attached diagram precisely - get fuel first (after Noise, but before Scrutineering). Leg 1 mileage information will be issued at the Noise Test. Please note and observe the one-way system in operation at the Start venue. Opposite side of the A11 to the Start venue is a Little Chef Restaurant, and there will also be a 'hot dog type catering van' in attendance at the Start. Please patronise these facilities.

#### 7.6 Cleanliness:

NO LITTER at Start, Rest Halt or Finish venues. PLEASE DO NOT LET US DOWN ON THIS. Breakfast is included in the entry fee this year. You will be given a 'breakfast ticket' upon arrival at the Finish (even if you have retired) in exchange for your Damage Declaration. And finally, The Preston is a club level event run by, and for, true enthusiasts; it survives because of the support of the sponsor(s) / organising club / event organisers / marshals / landowners and numerous others, so please remember, even if things go wrong, that everybody involved on this event is giving up their time voluntarily so you can have some fun.

### 8 Entries

8.1 Please advise the Entries Secretary as soon as possible of any missing details concerning your entry, or if you have to make any changes, or if you have to withdraw.

8.2 Competition licenses. For those entrants who do not have a current MSA competition license *we will accept completed application forms with a passport size photograph and the appropriate fee.* Anyone who wishes to avail themselves of this facility and have not come prepared as stated above will not be allowed to start.

### 11 Officials

DSO	Gordon Milbank
Secretary	Gordon Popperwell

#### 17(iv) OTL

Maximum permitted penalty-free lateness will be 30 minutes & 59 seconds at all controls (i.e. 'OTL' time is 31 minutes) except the final control which will be 45 minutes and 59 seconds.

#### 21 Scrutineering:

Scrutineering will be efficient, so be ready and on time.

**Vehicles will fail scrutineering unless presented in a clean condition. Bring your vehicle's MOT certificate and Registration document (V5) and make sure it is taxed for December!, we are entitled to check them and will do so.**

All competitors are required to carry at least one sponge and a minimum of 1.5 litres of water for the purpose of cleaning car lights and registration number plates during the event. This will be checked at Scrutineering.

All competitors are strongly advised to use knobbly tyres on this event.

**Other information:**

The A11 is undergoing major improvement works and there are speed limits in force. There is a speed limit on approach to the Start - please ensure absolute compliance as this is most likely to be actively monitored by Suffolk Police.

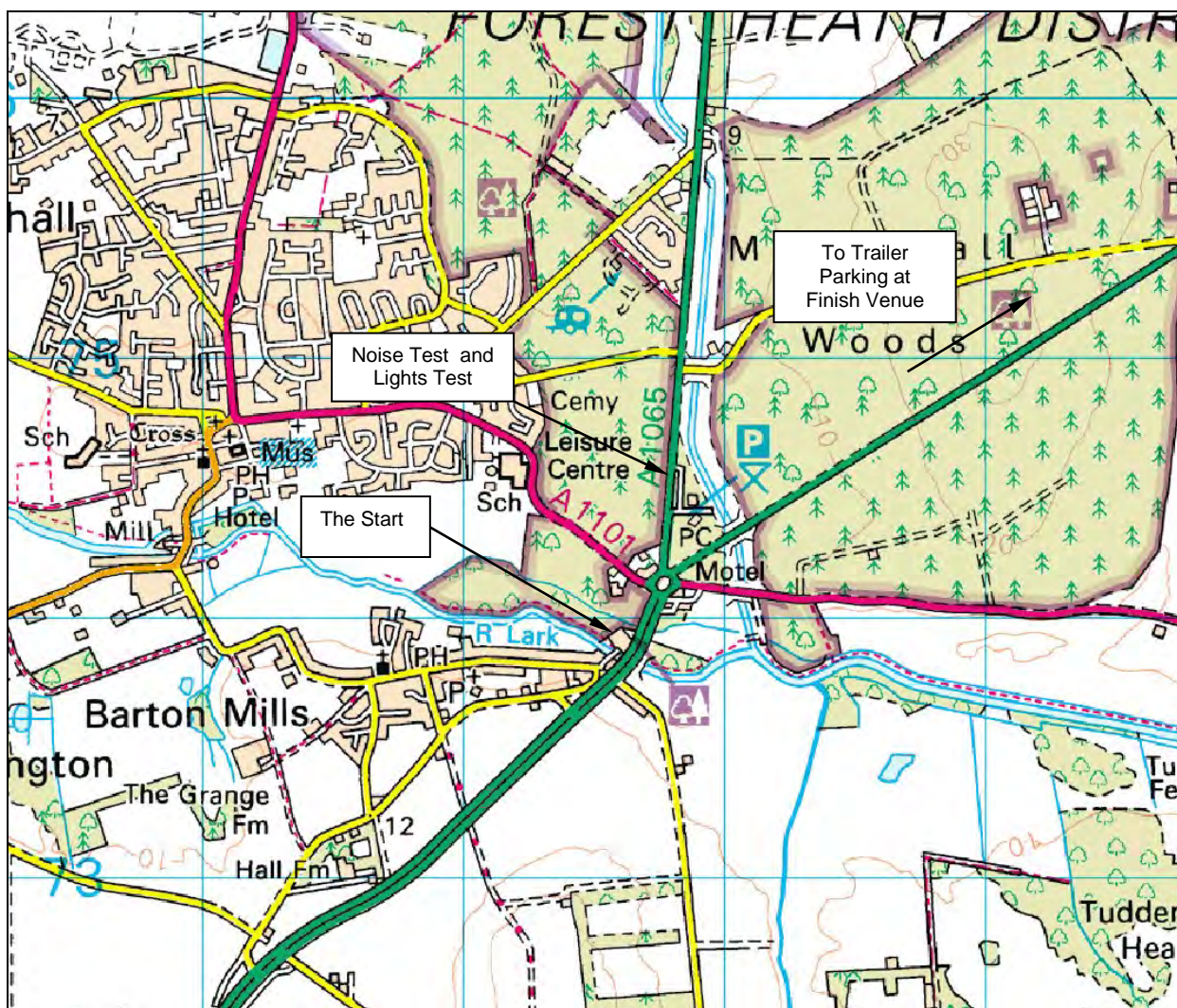
Only the 2 signed-on crew members may be carried in each competing car

Spectators are not at all welcome on this event; we are sorry to take this stance but we have good reason. There will be no spectator information whatsoever. Competitors, under no circumstances are you to bring or invite any persons to this event unless they are going to marshal. Competitors found doing so, or divulging route information, will be refused a start and excluded with no refund of entry fee.

Competitors receiving any assistance during the event from 'support crews' or 'service vehicles' WILL be excluded, banned permanently from The Preston, and reported to the MSA.

2<sup>nd</sup> Petrol halt is a BP Connect and they will have lots of staff on duty, serving hot drinks, hot food etc. You will have 30 minutes here and as timing is improved this year, you will have enough time to have a drink and eat if you wish. Please make use of these facilities.

*Looking forward to seeing you all on Saturday!*      **The Organising Team.**





Please park neatly whilst waiting for scrutineering

Noise Test and Lights Test

Toilets

Walkers Snack Bar

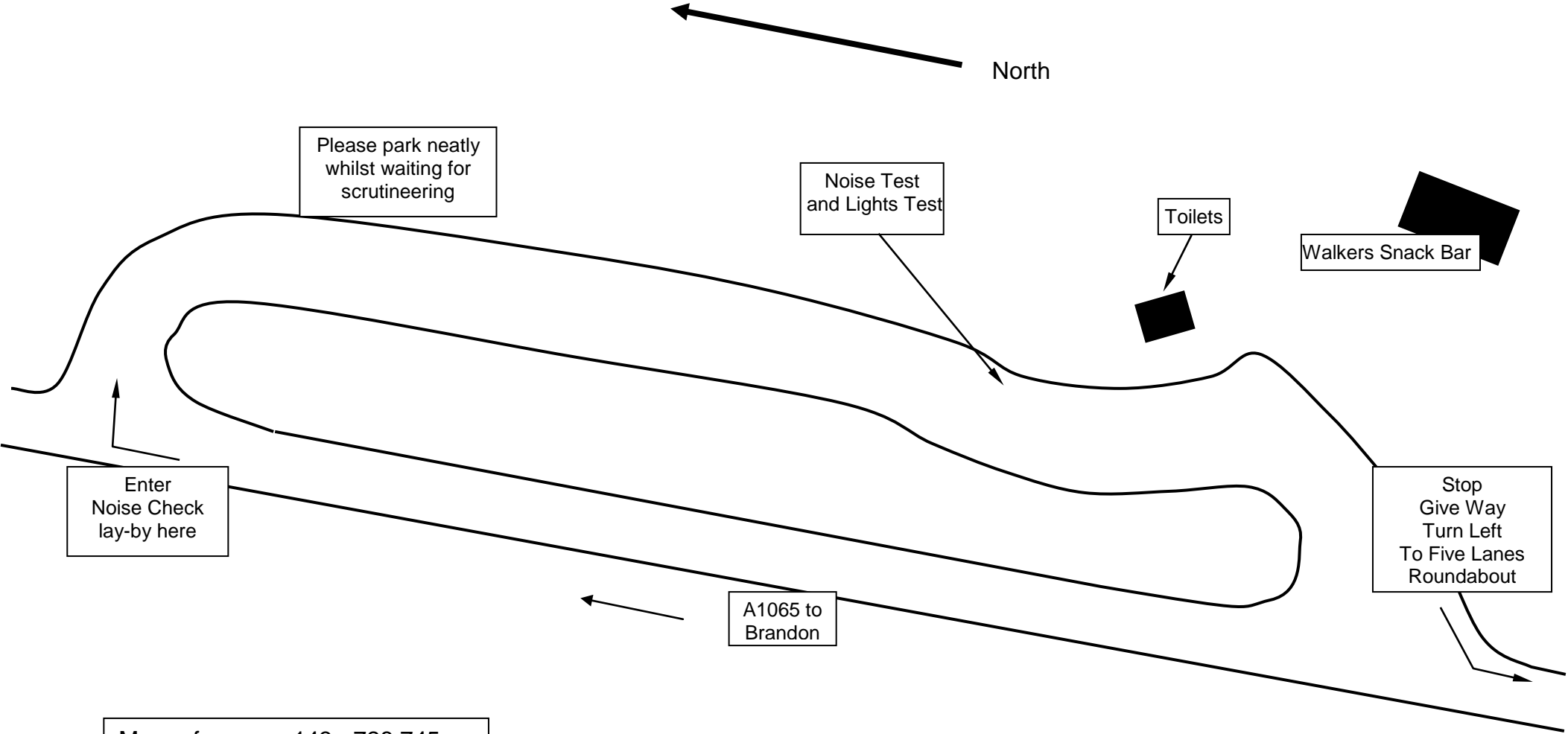
Stop  
Give Way  
Turn Left  
To Five Lanes  
Roundabout

Enter  
Noise Check  
lay-by here

A1065 to  
Brandon

Map reference : 143 - 728 745

**NO** U turns on A11 into Start venue for scrutineering.  
Use junction to Barton Mills and then turn around to return to A11.



Caution 2 Way Traffic

Follow this track to the end then park in areas shown

WAY OUT

Over flow parking for trailers etc, park on nearside of exit road. (Road is wider than it appears)

Trailer Parking

NO EXIT

Trailer Parking

Competitor Parking

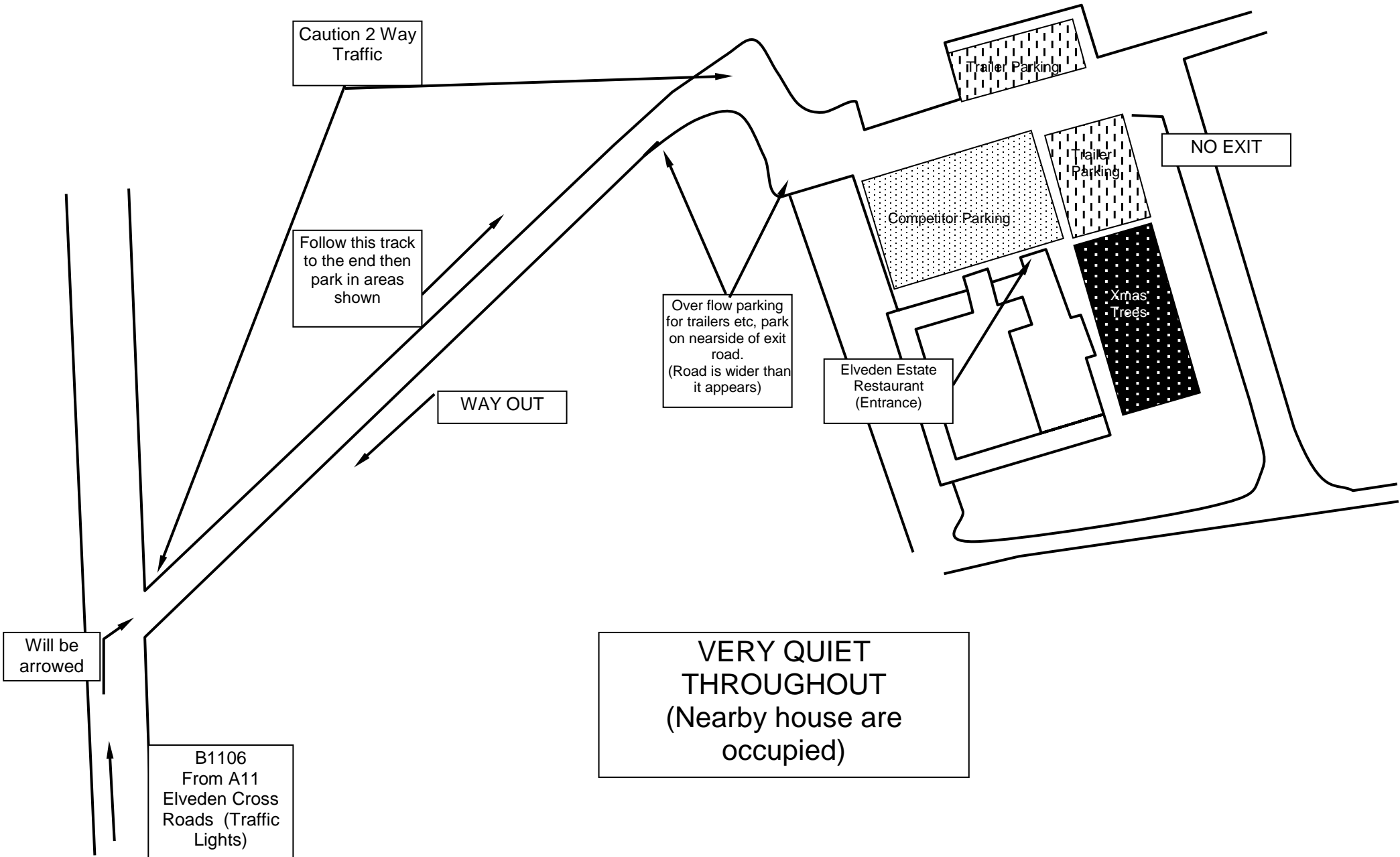
Xmas Trees

Elveden Estate Restaurant (Entrance)

Will be arrowed

B1106 From A11 Elveden Cross Roads (Traffic Lights)

VERY QUIET THROUGHOUT (Nearby house are occupied)



**The Start**  
East Anglian Ambulance  
Workshops  
Milford Service Area (A11)  
Ref: 154 / SW 726.5 739  
Tel: 01638 515143

Ambulance parking

Car Wash

MTC 1

STOP  
GW

OUT

Cars 1 20

SHOP

IN

Fuel

Cars  
21  
to  
65

one  
way

Scrutineering

Signing  
On

Loos

To  
Scrutineering

TO MTC 1

OUT

IN

IN

Refreshments

Officials Parking

NO  
ENTRY

Little Chef  
(CLOSED)

TO NTC 2

**A11**

