

CHELMSFORD MOTOR CLUB PRESENTS

The Preston 2016

Sponsored by Preston's Garages, Writtle, Chelmsford
The 38TH running of the 'One and Only' Preston

3rd & 4th December 2016

Final Instructions

East Anglian Air Ambulance



The Preston 1978 ~ 38 Years ~ 2016

The Preston Entry List

No	Driver	Club	Navigator	Club	Car	Reg.	Colour	CC	Class
1	Owen Turner	Chelmsford MC	Rob Henchoz	Chelmsford MC	MG ZR	WJ52AUH	Red	1600	E
2	Rob Kitchen	KLDMC/SCCON	Ed Rutherford		MG ZR	AU04WVOV	Blue	1400	E
3	Craig Bellworthy	Mid-Derbyshire Motor Club	David Smalley	Kings Lynn DMC	Ford Puma	R202 TCW	Silver	1700	E
4	John Davies	Llandysul			Vauxhall Astra Mk2		White	1998	E
5	Mark Banham	Kings Lynn DMC	Mathew Smalley	Kings Lynn DMC	Rover 25 GTI	Y843WDX	Red	1796	E
6	Sam Self	Stockport 061 MC	Andrew Hughes	Chelmsford MC	Proton Coupe	W494RHY	Yellow	1800	E
7	Paul Sharp	Chelmsford MC	Paul Barrett	Chelmsford MC	Rover 25	FN51WTK	Blue	1593	E
8	Tim Tordoff	Matlock	Ian Frazer	Matlock	MG ZR	L16MMS	Yellow	1396	E
9	Ed Pead	BARC	John Pead	BARC	Peugeot 205 GTI	G794 ELV	Orange	1580	E
10	Martin Self	Stockport 061 Motor Club	Alan Ogden	Stockport 061 Motor Club	Proton Coupe	R69BHT	Maroon	1840	E
11	David Lobb	Chelmsford MC	Lizzie Pope	Wessex/Chelmsford MC	Vauxhall Corsa	D8 DGL	Black		E
12	Ian Newton	Morcambe	Ian Jones	Broughton & Bretton	Ford Escort	BCK87V	Yellow	2200	E
13	Jamie Jukes	Llandysul	Rosco Whittockskey		Vauxhall Astra MK 2	L792 LHH	White	1998	E
14	David 'darkie' Lewis	Chelmsford MC	Richard Holdsworth	Mid-Derbyshire	BMW 318 Is Coupe	M660MBO	Purple	1800	E
15	Keith Lane	Chelmsford MC	Martin Lane	Chelmsford MC	Ford K A	S418 OTR	Silver	1600	SE
16	Stefan Taylor	Chelmsford MC	Adrian Gladwin	Chelmsford MC	Proton Coupe	T96 SAC	Blue	1800	E
17	Steve Massey	Mid Derbyshire	Neil Thomson	Mid Derbyshire	MG ZR	A2GPT	Blue	1800	E
18	Clive Baty	HRCR / Ilkley & District MC	Peter Scott		Ford Escort Mexico	WGD260W	Red	2400	E
19	Lee Burgess	Mid Derbyshire MC	Simon Walsh	Mid Derbyshire MC	Peugeot 205 GTI	H188JPY	White		E
20	Mark Slatcher	Mid Derbyshire Motor Club	Alistair Leggett	Matlock Motor Club	MG ZR	N444 HWA	Silver	1800	E
21	Conrad Bos	West Suffolk & Chelmsford	Oliver Bos	West Suffolk & Chelmsford	MG ZR	805 CBD	Yellow	1400	SE
22	Justin Chapman	Mid-Derbyshire MC	Emily Chapman	Mid-Derbyshire MC	Peugeot 205 GTI	C710HHG	Grey	1580	E
23	Martin Payne	Stockport 061	Sarah Payne	Stockport 061	Daewoo Lanos	W185XFM	Silver	1600	E
24	Richard Oxley	Mid-Derbyshire MC	Andrew Lowe	WSM/Mid-Derbyshire MC	Proton Compact	P295 SFE	Blue	1597	E
25	Sheldon Furby	Chelmsford MC	Osian Owen	RDMC/CVMC	MG ZR	J88SHX	Blue	1396	E
26	Steve Head	Chelmsford MC	Stewart Merry	Chelmsford MC	TBC				E
27	Ed Scott	Chelmsford MC	Ben Scott	Chelmsford MC	Proton Satria	Y446HHT	Silver	1860	E
28	Dan Arthurton	Chelmsford MC	Joe Massey	Chelmsford MC	Nissan Micra	R637JPK	Red	1275	N
29	Dale Lawson	SCCON	Andrew Lawson	SCCON	MG ZR	MT04YBN	Blue	1400	SE
30	Michael Davison	Tynemouth/Hexham/CMC	Josh Davison	Tynemouth/Hexham/CMC	Proton Compact	R 843 RHY	Blue	1298	N
31	David Smoley	Chelmsford MC	Charles Thompson	Chelmsford MC	Ford Puma	W104NNB	Red	1400	N
32	Sion Matthews	C&A / Matlock	Gary Evans	Matlock MC	Vauxhall Astra Mk3	P770 HVM	Blue	1998	E
33	Paul Boxall	Cranleigh	Matt Beebe	Chelmsford MC	MG ZR 105	BF52 UEY	Black	1400	E
34	Stephen Baker	Jaguar Apprentices MC	Tom Campbell	Jaguar Apprentices MC	Ford Focus	X118 XVS	Blau	1388	SE
35	Mark Eastman	Knutsford & District MC	Matthew Scott	Knutsford & District MC	Rover 216	K170 GEX	Red	1590	N
36	Gee Warner	Chelmsford MC	Kevin Ablitt	Chelmsford/ Sevenoaks	Rover 200	P35SPW	White	1400	E
37	Antons Kuzenko	Chelmsford MC	Janis Abols	Chelmsford MC	Peugeot 206 GTI	VE04 VVW	Black	1997	N
38	Steve Croucher	Rugby Motor Club	Rob Granger	Rugby Motor Club	Skoda Favorit	M93 XVT	Blue	1300	E
39	John Peterson	CMC/KLDMC/ECMC	David Bell	King's Lynn & District MC	Peugeot 306 Gti-6	R860 YEV	Red	1998	E
40	Adam Brown	Loughborough Car Club	Adam Gardner	Loughborough CC	BMW 318Ti	P266 PLR	Red	1800	N
41	Andrew Scott	West Suffolk MC	Bill Scott	West Suffolk MC	Mazda MX5	R686NGF	Silver	1839	N
42	James Vincent	Matlock	Kelvin Phipps	Matlock	Rover Streetwise	KR53 RXA	Grey	1400	E
43	Ian Perry	CSMA	Anthony Ongley	CSMA	MG ZR 105	VN51 AHE	Black	1396	SE
44	Mark Redgate	WSMC / ECMC	Andrew Smith	WSMC / ECMC	MG ZR	RN53 TKV	Blue	1400	N
45	Fraser Jones		Scott Boyd		MG ZR	SB52ZTY	Yellow	1390	SE
46	Mike Jones	Chelmsford MC	Richard Bestwick	HRCR	Vauxhall Corsa	N963 PJU	Grey	1400	SE
47	Matt Carr	Matlock MC	Ashley Young	Matlock MC	Ford Puma	YT02 EZV	Silver	1700	SE
48	Carl Whitford	Matlock Motor Club	Mark Whitford	Matlock Motor Club	Peugeot 206	YL03 UDY	Blue	1997	N
49	Vince Hawtree	Wickford Auto Club	Graham Child	Chelmsford MC	Vauxhall Corsa	H7VVH	Red	1389	SE
50	Neil Peterson	CMC/Kings Lynn/Loughborough	William Brown	CMC/Loughborough/ECMC	Peugeot 205 GTI	E477FLK	White	1580	N
51	Chris Glen-Smith	CSMA	Clive Chapman	DDMC	Rover 25	X326GBA	Red	1396	SE
52	Bob Wisniewski	Wessex	Paul Lettington	Wessex	Seat Ibiza	N255PHO	White	1400	SE
53	Matt Bown	Matlock Motor Club	Roger Bown	Matlock Motor Club	MG ZR	YT54 UAJ	Blue	1400	N
54	Neil Kerry	Kings Lynn DMC	Rob Palmer	Kings Lynn DMC	Rover 200	V391YEE	Green	1400	N
55	Marcus Keeble	WSMC	Tony Hewitt		Renault Clio	KP52UVB	Black	1390	N
56	Colin Hays	Jaguar Apprentices MC	Huw Durham	Jaguar Apprentices MC	Vauxhall Astra	HJ04MFF	Silver	1600	N
57	Craig Varney	BBAC	Andy MacKay	BBAC	MG ZR	CX04 ZVR	Grey	1400	N
58	Ian Bankhurst	HSCC	Matthew Bankhurst		Rover 214		Silver	1400	N

The Preston 2016

Final Instructions

Welcome to the 38TH running of the "One and Only" Preston Rally. Whether you are the driver or navigator please read these instructions IN FULL. You should also print these instructions and bring them with you to the Start.

Your Start Number is shown on the above entry list. However, please note that we reserve the right to alter the seeding should this be necessary. Your Start Number will be confirmed at the Noise Check.

'The Preston' is once again supporting the The East Anglian Air Ambulance which is a charitable trust. It covers one of the most spread out populations of England and costs around £1m a year to run and is now a twenty four hours seven days a week operation. Our excellent Start venue is the service centre for the East of England Ambulance Service and is being made available to us for the 18th year running. Obviously we hope that their services will not be required on our event. The fact that 'The Preston' supports The Air Ambulance (i.e., giving money!!) has been influential in many landowners making the decision to allow us to use their tracks and long may this continue. As you will know without the extensive use of private land 'The Preston' would not run'. **Therefore a big plea! At the Start, even though Chelmsford Motor Club will be donating £10 from the entry fee for each crew starting the event to the Air Ambulance, there will also be collection buckets. Please put some cash in them, folding money is always best! Also please sign the Gift Aid form as this allows the Charity to reclaim the tax paid.**

Please note that as these finals are published on the Internet at chelmsfordmc.co.uk, more detailed information relevant to the event will be provided at signing on.

7. Details of Event

7.1 Time schedule

Noise / horn / wipers test: 18.20 - 20.20. Your due time is 18:20 + Car Number (see attached entry list and above). **Be on time! Not early, not late, but on time.**

Scrutineering: 18.30 - 20.30

Signing on 18.40 - 20.45.

Compulsory competitors briefing at **21:00 prompt** in the area outside the scrutineering bay

Event Start, MTC1: 22.01 (Car '1')

All Competitors must visit Noise Check first, Do NOT go to the Start venue first, not even briefly.

7.2 Noise Test:

This is situated in the large lay-by on the right side of the A1065 Brandon road, approx 500m from the Five Ways roundabout. Please enter at the far (northern) end and take care when turning into and exiting the lay-by. (please see plan)

7.3 Trailers:

These are to be unloaded at the finish venue, A11 - Elveden Estate Restaurant (MR 144/822801). This venue is approx 8 miles from the Five Ways roundabout, please park trailers before going to Noise Test. The A11 has significantly changed in the Elveden area, see the map attached. There will be arrows to direct you into the trailer parking area. Please park sensibly.

7.4 Noise to the Start:

Turn left out of the Noise Test lay-by to Five Ways roundabout take 3rd exit - A11 sign posted Newmarket. This is dual carriageway and the Start is on the *opposite* carriageway after 250 metres. Go past the Start and turn right, signposted Barton Mills. **Do not do a u-turn on the A11.** Go across the other carriageway as if into the village and then do a U-Turn. Come back to A11 and turn left (GW), towards the Start.

7.5 Start Venue:

Enter venue (from A11) with care. Follow the attached diagram precisely - get fuel first (after Noise, but before Scrutineering). Toilets are available in the main building at competitor signing on. Leg 1 mileage information will be issued at the Noise Test. Please note and observe the one-way system in operation at the Start venue. On the roundabout is a new Shell garage and a Macdonalds restaurant and drive thru, on the opposite side of the A11 to the Start venue is a Little Chef Restaurant and there is also the Pancake and Waffle Shack adjacent to the start.

There is a speed limit on approach to the Start from the south - please ensure absolute compliance as this is most likely to be actively monitored by Suffolk Police.

7.6 Cleanliness:

NO LITTER at Start, Petrol halts or Finish venues. PLEASE DO NOT LET US DOWN ON THIS. Breakfast is included in the entry fee. You will be given a 'breakfast ticket' upon arrival at the Finish in exchange for your Damage Declaration, even if you have retired you can still have breakfast which will be available from approximately 6 a.m. until around 7.30 a.m..

And finally, The Preston is a club level event run by, and for, true enthusiasts; it survives because of the support of the sponsor / organising club / event organisers / marshals / landowners and numerous others, so please remember, even if things go wrong, that everybody involved on this event is giving up their time voluntarily so you can have some fun.

8 Entries

8.1 Please advise the Entries Secretary as soon as possible of any missing details concerning your entry, or if you have to make any changes, or if you have to withdraw.

8.2 Competition licenses. For those entrants who do not have a current MSA competition license we will accept completed application forms with a passport size photograph and the appropriate fee. Anyone who wishes to avail themselves of this facility and have not come prepared as stated above will not be allowed to start.

11 Officials

Stewards Dave Thompson, Mike Biss, Ian Mephram

DSO's Gordon Milbank, Brian Milbank, Chris Holliday, Justin Smith

17(iv) OTL

Maximum permitted penalty-free lateness will be 30 minutes & 59 seconds at all controls (i.e. 'OTL' time is 31 minutes) except the final control (MNTC50) which will be 45 minutes and 59 seconds.

21 Scrutineering:

Scrutineering will be efficient, so be ready and on time.

Vehicles will fail scrutineering unless presented in a clean condition. Bring your vehicle's MOT certificate and Registration document (V5) and make sure it is taxed for December! By signing on you are responsible for ensuring that your vehicle is correctly taxed.

All competitors are required to carry at least one sponge and a minimum of 1.5 litres of water for the purpose of cleaning car lights and registration number plates during the event. This will be checked at Scrutineering.

All competitors are strongly advised to use knobbly tyres on this event.

NOTE:

Only the 2 signed-on crew members may be carried in each competing car.

Spectators are not at all welcome on this event; we are sorry to take this stance but we have good reason. There will be no spectator information whatsoever. Competitors, under no circumstances are you to bring or invite any persons to this event unless they are going to marshal. Competitors found doing so, or divulging route information, will be refused a start and excluded with no refund of entry fee.

Competitors receiving any assistance during the event from 'support crews' or 'service vehicles' WILL be excluded, banned permanently from The Preston, and reported to the MSA.

The use of in-car video equipment is banned, any competitor found in contravention will be excluded from the event and banned permanently from The Preston. The equipment will be confiscated and any recorded material destroyed.

Use of headsets is only permitted by crews where a member of that crew has a letter of dispensation from the MSA.

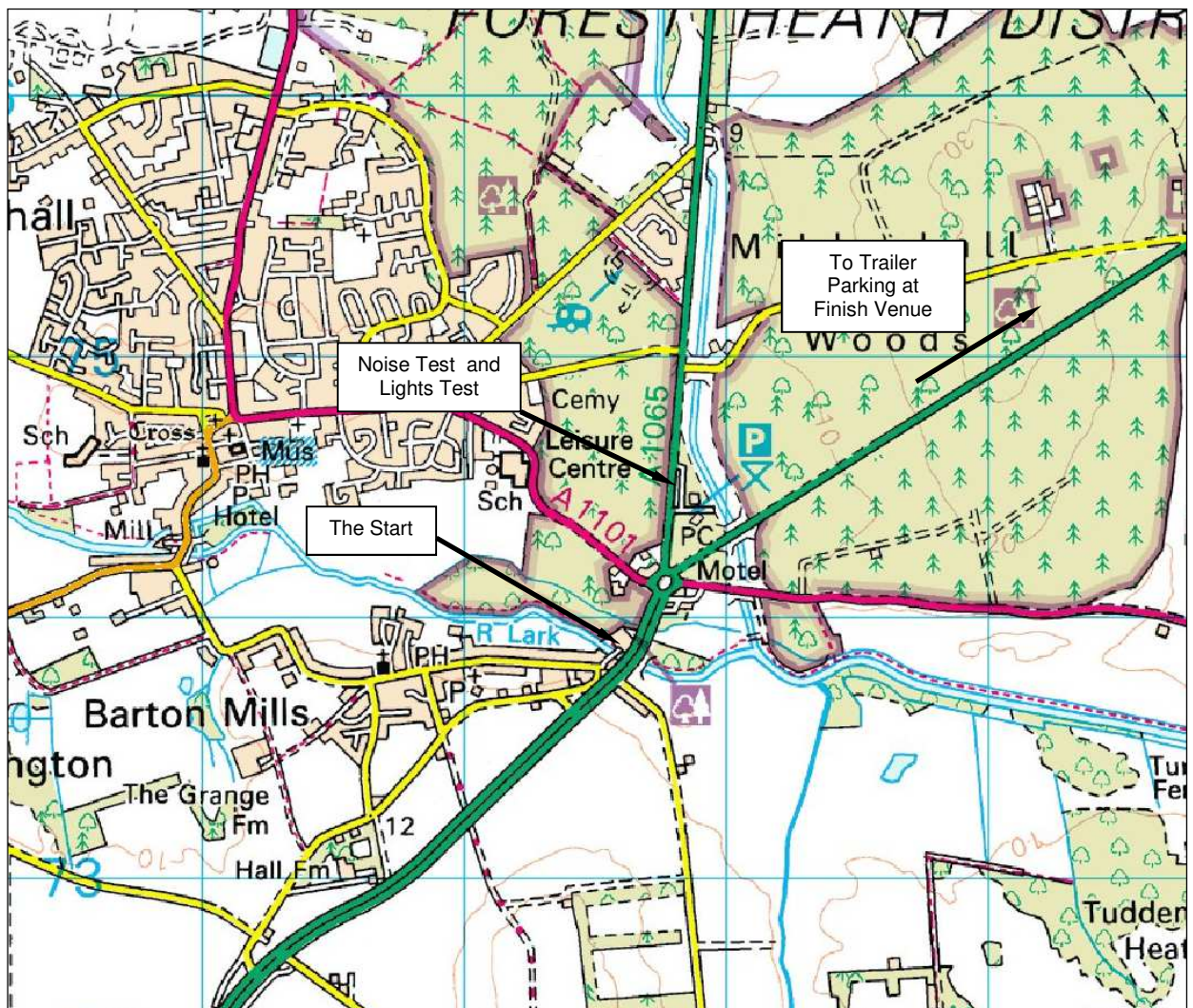
1st petrol halt is the Shell garage at the Five Ways roundabout, you will have 20 minutes here to fill up your water container, get petrol and there will be hot drinks and hot food etc, on sale.

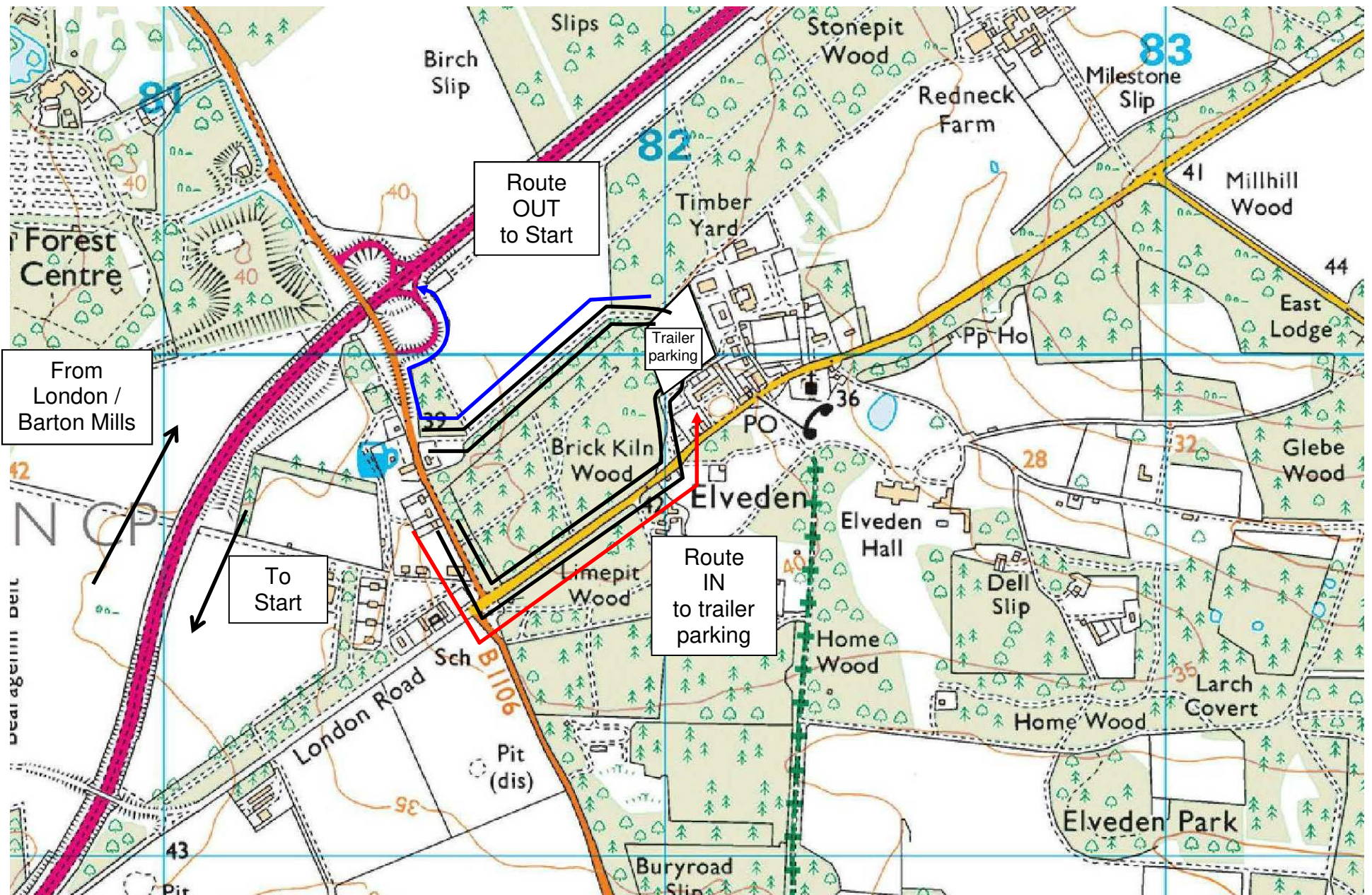
2nd Petrol halt is a BP Connect and they will have staff on duty, also serving hot drinks, hot food etc. You will have 40 minutes here and you will have enough time to have a drink and eat if you wish. Please make use of these facilities.

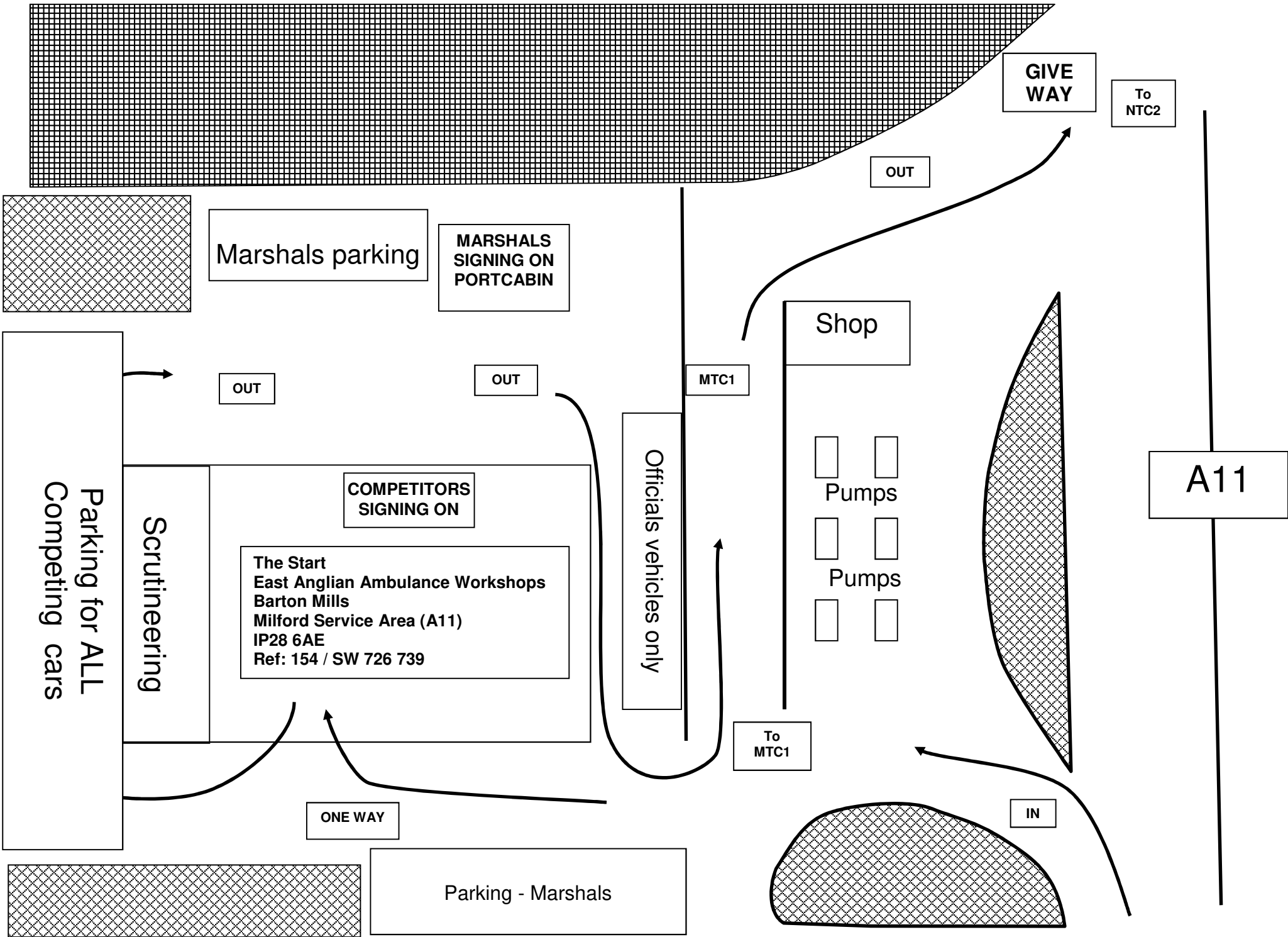
Looking forward to seeing you all on Saturday! **The Organising Team.**

Clerk of Course special request: If you are not familiar with the BBC TV programme 'Top Gear' and the new Amazon TV Programme 'Grand Tour' (especially the first edition aired 19/11/16), please do try and watch.

All will become clear in my briefing. (NB: The winners prize is not a supercar)







Map showing revision to A11 between Barton Mills and Thetford

Note

There have been significant changes to the A11 between Barton Mills and Thetford. The dual carriageway improvements have eliminated virtually all access points. Once on the A11 northbound you can only exit as shown onto the B1106 until you reach the Thetford roundabout. The A11 southbound has an additional **exit only** approximately 1 mile after the Thetford roundabout. The exit from / to the B1106 is tight and requires care especially if trailering. Follow signs for B1106 Elveden to get to trailer park which is arrowed off the B1106.

