

CHELMSFORD MOTOR CLUB PRESENTS

The Preston 2017

Sponsored by Preston's Garages, Writtle, Chelmsford
The 39TH running of the '*One and Only*' Preston

2nd & 3rd December 2017

Final Instructions

East Anglian Air Ambulance



The Preston 1978 ~ 39 Years ~ 2017

The Preston 2017

Final Instructions

Welcome to the 39TH running of the "One and Only" Preston Rally. Whether you are the driver or navigator please read these instructions IN FULL. You should also print these instructions and bring them with you to the Start.

Your Start Number is shown on the above entry list. However, please note that we reserve the right to alter the seeding should this be necessary. Your Start Number will be confirmed at the Noise Check.

'The Preston' is once again supporting the The East Anglian Air Ambulance which is a charitable trust. It covers one of the most spread out populations of England and costs around £1m a year to run and is now a twenty four hours seven days a week operation. Our excellent Start venue is the service centre for the East of England Ambulance Service and is being made available to us for the 19th year running. Obviously, we hope that their services will not be required on our event. The fact that 'The Preston' supports The Air Ambulance (i.e., giving money!!) has been influential in many landowners making the decision to allow us to use their tracks and long may this continue. As you will know without the extensive use of private land 'The Preston' would not run'. **Therefore a big plea! At the Start, even though Chelmsford Motor Club will be donating £10 from the entry fee for each crew starting the event to the Air Ambulance, there will also be collection buckets. Please put some cash in them, folding money is always best! Also, please sign the Gift Aid form as this allows the Charity to reclaim the tax paid.**

Please note that as these finals are published on the Internet at www.chelmsfordmc.co.uk, more detailed information relevant to the event will be provided at signing on.

7. Details of Event

7.1 Time schedule

Noise / horn / wipers test: 18.20 - 20.20. Your due time is 18:20 + Car Number (see attached entry list and above). **Be on time! Not early, not late, but on time.**

Scrutineering: 18.30 - 20.30

Signing on 18.40 - 20.45.

Compulsory competitors briefing at **21:00 prompt** in the scrutineering area

Event Start, MTC1: 21:51 (Car '1')

All Competitors must visit Noise Check first, Do NOT go to the Start venue first, not even briefly.

7.2 Noise Test:

This is situated in the large lay-by on the right side of the A1065 Brandon road, approx 500m from the Five Ways roundabout. Please enter at the far (northern) end and take care when turning into and exiting the lay-by. (please see plan)

7.3 Trailers:

These are to be unloaded at the finish venue, A11 - Elveden Estate Restaurant (MR 144/822801). This venue is approx 8 miles from the Five Ways roundabout, please park trailers before going to Noise Test. The A11 has significantly changed in the Elveden area, see the map attached. There will be arrows to direct you into the trailer parking area. Please park sensibly.

7.4 Noise to the Start:

Turn left out of the Noise Test lay-by to Five Ways roundabout take 3rd exit - A11 sign posted Newmarket. This is dual carriageway and the Start is on the *opposite* carriageway after 250 metres. Go past the Start and turn right, signposted Barton Mills. **Do not do a u-turn on the A11.** Go across the other carriageway as if into the village and then do a U-Turn. Come back to A11 and turn left (GW), towards the Start.

7.5 Start Venue:

Enter venue (from A11) with care. Follow the attached diagram precisely - get fuel first (after Noise, but before Scrutineering). Toilets are available in the main building at competitor signing on. Leg 1 mileage information will be issued at the Noise Test. Please note and observe the one-way system in operation at the Start venue. On the roundabout is a new Shell garage and a Macdonalds restaurant and drive thru, on the opposite side of the A11 to the Start venue is a Little Chef Restaurant and there is also the Pancake and Waffle Shack adjacent to the start.

There is a speed limit on approach to the Start from the south - please ensure absolute compliance as this is most likely to be actively monitored by Suffolk Police.

7.6 Cleanliness:

NO LITTER at Start, Petrol halts or Finish venues. PLEASE DO NOT LET US DOWN ON THIS. Breakfast is included in the entry fee. You will be given a 'breakfast ticket' upon arrival at the Finish in exchange for your Damage Declaration, even if you have retired you can still have breakfast which will be available from approximately 6 a.m. until around 7.30 a.m.

And finally, The Preston is a club level event run by, and for, true enthusiasts; it survives because of the support of the sponsor / organising club / event organisers / marshals / landowners and numerous others, so please remember, even if things go wrong, that everybody involved on this event is giving up their time voluntarily, so you can have some fun.

8 Entries

- 8.1 Please advise the Entries Secretary as soon as possible of any missing details concerning your entry, or if you need to make any changes, or if you must withdraw.

11 Officials

Stewards Dave Thompson, Mike Biss, Ian Mephram

17(iv) OTL

Maximum permitted penalty-free lateness will be 30 minutes & 59 seconds at **ALL** controls (i.e. 'OTL' time is 31 minutes).

- 18(xxiii) Failure to stop at the Control board for both Passage Controls and Time Controls penalty 1 minute.
The procedure is to stop at the board and then pull forward to the marshal

21 Scrutineering:

Scrutineering will be efficient, so be ready and on time.

Vehicles will fail scrutineering unless presented in a clean condition. Bring your vehicle's MOT certificate and Registration document (V5) and make sure it is taxed for December! By signing on you are responsible for ensuring that your vehicle is correctly taxed.

All competitors are required to carry at least one sponge and a minimum of 1.5 litres of water for the purpose of cleaning car lights and registration number plates during the event. This will be checked at Scrutineering.

All competitors are strongly advised to use knobbly tyres on this event.

NOTE:

Only the 2 signed-on crew members may be carried in each competing car.

Spectators are not at all welcome on this event; we are sorry to take this stance, but we have good reason. There will be no spectator information whatsoever. Competitors, under no circumstances are you to bring or invite any persons to this event unless they are going to marshal. Competitors found doing so, or divulging route information, will be refused a start and excluded with no refund of entry fee.

Competitors receiving any assistance during the event from 'support crews' or 'service vehicles' WILL be excluded, banned permanently from The Preston, and reported to the MSA.

The use of in-car video equipment is banned, any competitor found in contravention will be excluded from the event and banned permanently from The Preston. The equipment will be confiscated, and any recorded material destroyed.

Use of headsets is only permitted by crews where a member of that crew has a letter of dispensation from the MSA.

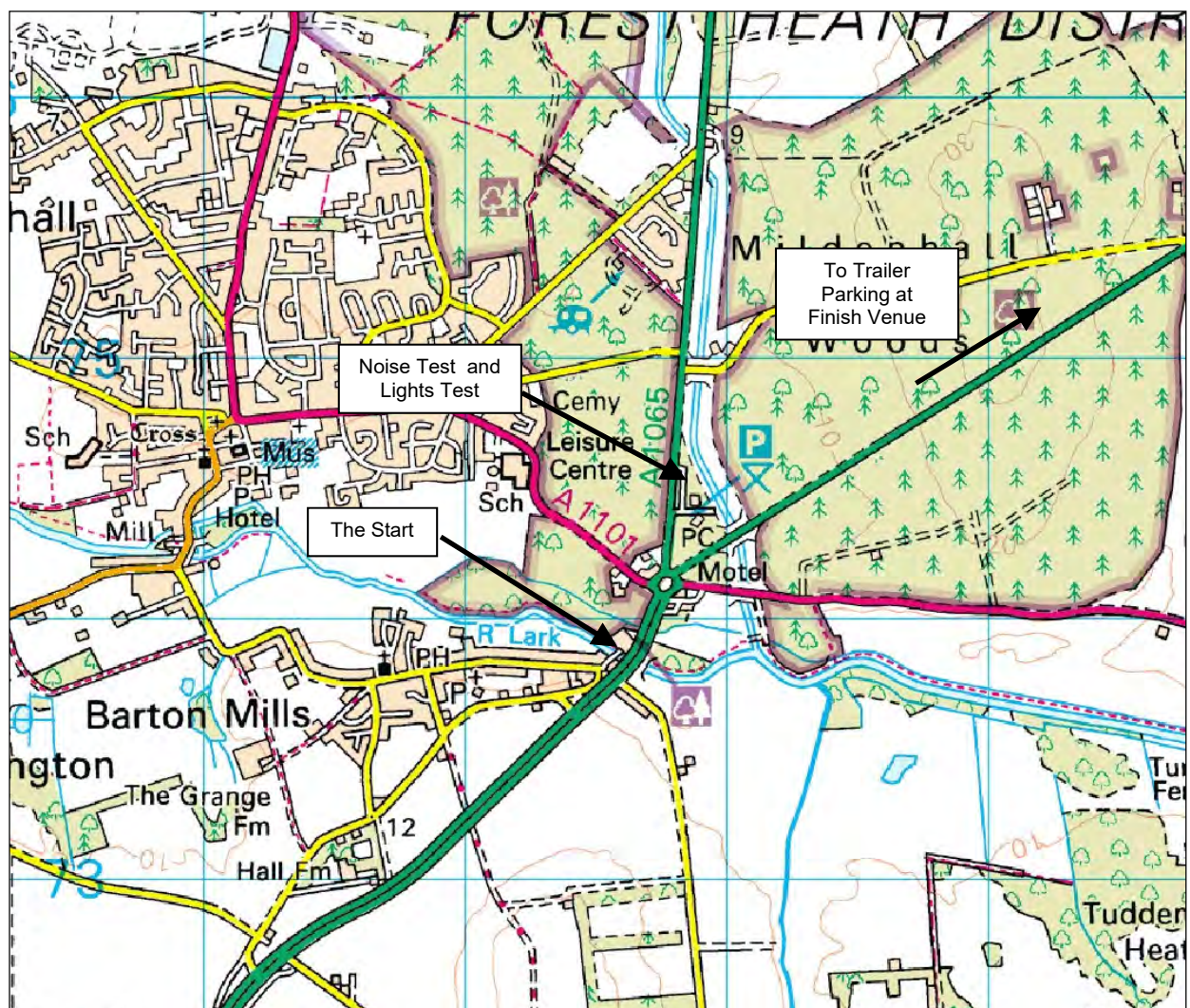
The mileage to first petrol is 21 miles with 4 competitive sections comprising 12 miles in total.

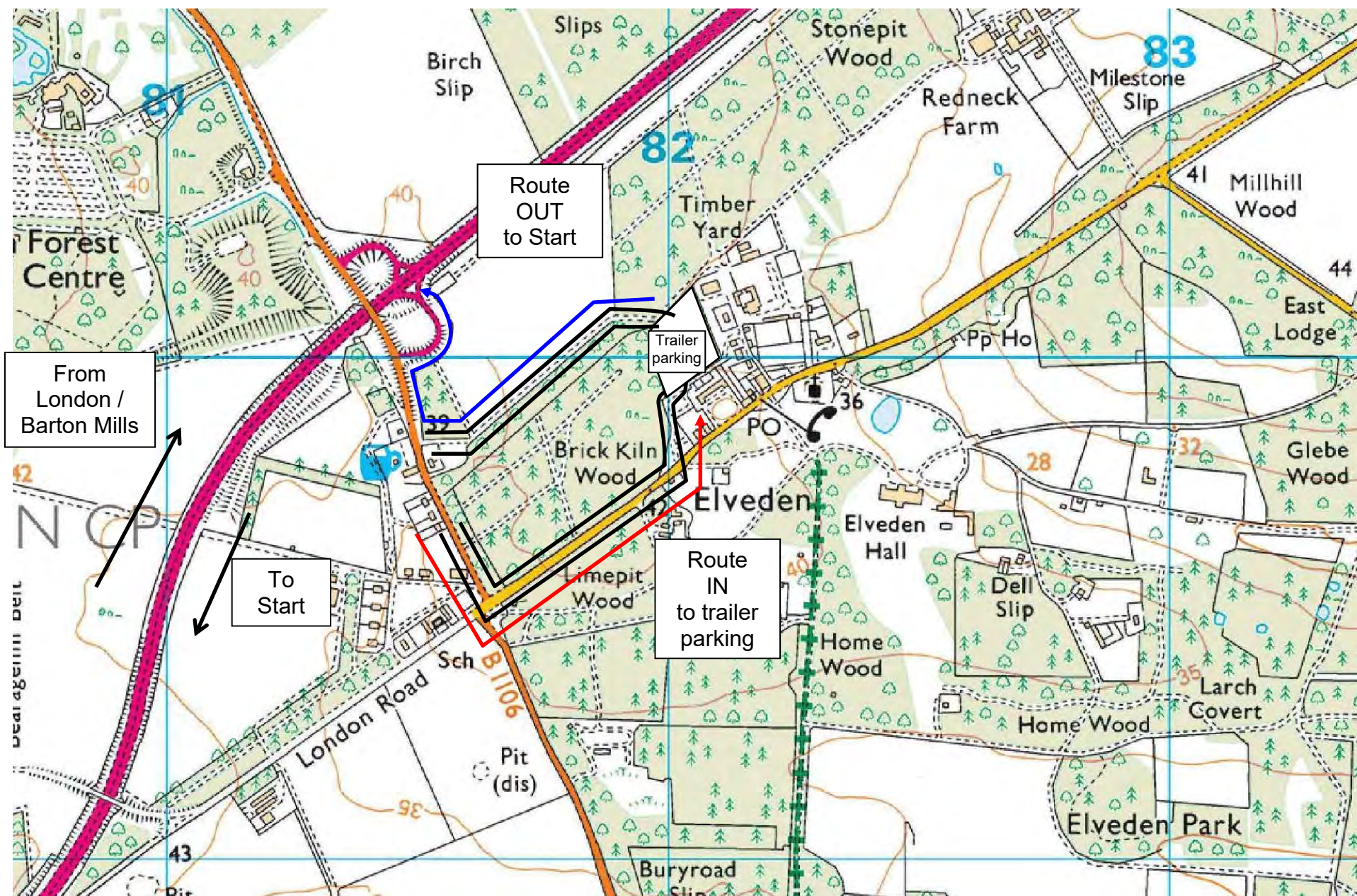
1st Petrol halt is the Shell garage at the Five Ways roundabout, you will have 5 minutes here to fill up your water container and get petrol, if required.

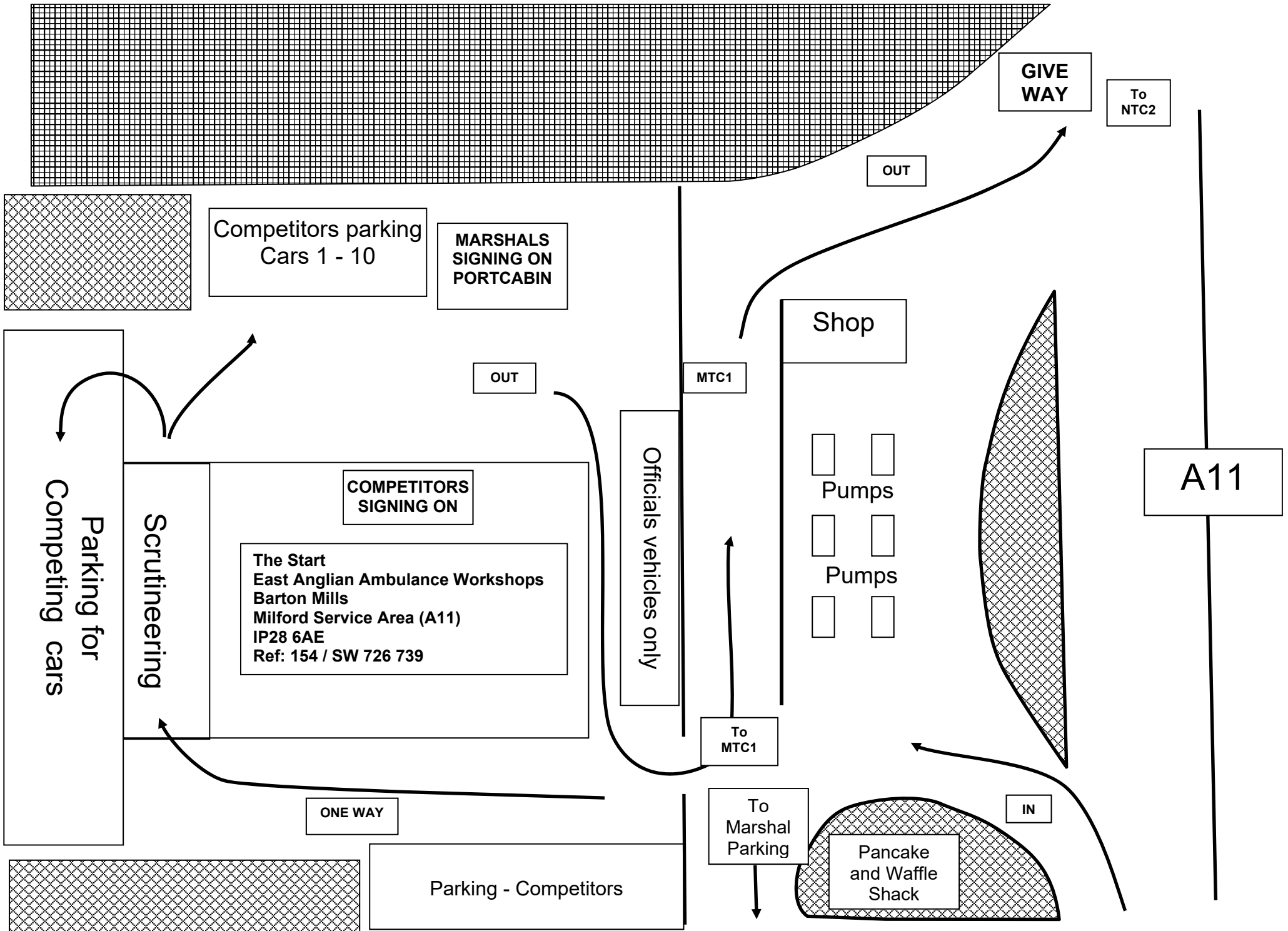
2nd Petrol is an Esso garage at Watton, you will have 20 minutes here to fill up your water container, get petrol and food if required.

3rd Petrol halt is a BP Connect and they will have extra staff on duty, also serving hot drinks, hot food etc. You will have 25 minutes here and you will have enough time to have a drink and eat if you wish. Please make use of these facilities.

Looking forward to seeing you all on Saturday! The Organising Team.







Map showing revision to A11 between Barton Mills and Thetford

Note

There have been significant changes to the A11 between Barton Mills and Thetford.

The dual carriageway improvements have eliminated virtually all access points. Once on the A11 northbound you can only exit as shown onto the B1106 until you reach the Thetford roundabout. The A11 southbound has an additional **exit only** approximately 1 mile after the Thetford roundabout.

The exit from / to the B1106 is tight and requires care especially if trailering. Follow signs for B1106 Elveden to get to trailer park which is arrowed off the B1106.

No access
to or from A1

No access between
A11 and B1112

Exit only
south bound
from A11

Trailer Park and
Finish (breakfast
location)

Start

The Preston 2017

SCRUTINEERING CHECK SHEET

Car no.

Please print out and bring to the start.

	Pass/Fail
<u>Noise Test</u>	
<u>Lights</u>	
<u>Documents</u> V5 and MOT (if applicable).	
<u>Equipment</u> Spill Kit, Warning Triangle, SOS/OK board, Water (1.5 litre min), sponge.	
<u>Safety</u> Seats, Belts, Steering, Brake pedal, Battery secure.	
<u>Appearance</u> Cars MUST be one colour unless manufactured in two colours.	
<u>Other</u> All items in car secure.	

Pass / Fail