



Chelmsford Motor Club Presents

The Preston 2023

16th/17th December 2023

The 45th running of the Preston Rally

Final Instructions

Sponsored by Preston's garages, Writtle,
Chelmsford.

Proudly supporting the East Anglian Air
Ambulance



Final Instructions

Welcome to the 45th running of the Preston Rally. Whether you are the driver or navigator please read these instructions IN FULL. You should also print these instructions and bring them with you to the Start.

Your Start Number is shown on the entry list. However, please note that we reserve the right to alter the seeding should this be necessary. Your Start Number will be confirmed at the Noise Check.

The Preston is once again supporting the The East Anglian Air Ambulance which is a charitable trust. It covers one of the most spread out populations of England and costs around £1m a year to run and is now a twenty four hours, seven days a week operation. The fact that The Preston supports The Air Ambulance (i.e., giving money!!) has been influential in many landowners making the decision to allow us to use their tracks. As you will know without the extensive use of private land The Preston would not run. **Therefore a big plea! At the Start, even though Chelmsford Motor Club will be donating £10 from the entry fee for each crew starting the event to the Air Ambulance, there will also be collection buckets. Please put some cash in them, folding money is always best! Also please sign the Gift Aid form as this allows the Charity to reclaim the tax paid.**

Please note that as these finals are published on the Internet at chelmsfordmc.co.uk, more detailed information relevant to the event will be provided at signing on.

7. Details of Event

7.1 Time schedule

Noise / horn / wipers test: 18.00 – 20.00. Your due time is 18:00 + Car Number (see attached entry list). **Be on time! Not early, not late, but on time.**

Scrutineering: 18.01 – 20.30

Signing on 18.00 – 20.45 at Oak Lodge, see diagram.

Compulsory competitors briefing at **20:45 prompt** outside cafe area.

Event Start, MTC1: 22:01 (Car '1')

7.2 Noise Test:

This is situated at the Start as shown on the attached plan.

7.3 Trailers:

Must be parked in the designated area as shown on the attached plan.

7.4 Fuel:

Fuel is available on the A11 Thetford bypass.

7.5 Start Venue:

Enter venue (off of B1107) along the forest drive, sign posted High Lodge. Please drive with care. Toilets are available on site. Hot Food and Drink will be available in High Lodge Cafe. Please make use of these facilities.

7.6 Cleanliness:

NO LITTER at Start, Petrol halts or Finish venues. PLEASE DO NOT LET US DOWN ON THIS. Breakfast is included in the entry fee. You will be given a 'breakfast ticket' upon arrival at the Finish in exchange for your Damage Declaration, even if you have retired you can still have breakfast which will be available from approximately 7:00 a.m. until around 9:00 a.m..

And finally, The Preston is a club level event run by, and for, true enthusiasts; it survives because of the support of the sponsor / organising club / event organisers / marshals / landowners and numerous others, so please remember, even if things go wrong, that everybody involved on this event is giving up their time voluntarily so you can have some fun.

8 Entries

8.1 Please advise the Entries Secretary as soon as possible of any missing details concerning your entry, if you have to make any changes, or if you have to withdraw.

8.2 SR 4. Eligibility: **NADAC, Clwyd Vale Motor Club and Preston MC** replace Boundless by CSMA , Kettering & DCC, and Stockport 061.

9 Officials

Steward: Mike Biss

Course Car Coordinator: Jim Bowie

10 OTL

Maximum permitted penalty-free lateness will be 30 minutes & 59 seconds at **ALL** controls (i.e. 'OTL' time is 31 minutes).

11 Failure to stop at the Stop board for both Passage Controls and Time Controls penalty 1 minute. The procedure is to stop at the board and then pull forward to the marshal. This will be explained at the Drivers briefing.

12 Scrutineering:

Scrutineering will be efficient, so be ready and on time.

Vehicles will fail scrutineering unless presented in a clean condition. Bring your vehicle's MOT certificate and Registration document (V5) and make sure it is taxed for December! By signing on you are responsible for ensuring that your vehicle is correctly taxed.

All competitors are required to carry at least one sponge and a minimum of 1.5 litres of water for the purpose of cleaning car lights and registration number plates during the event.

All competitors are strongly advised to use knobbly tyres on this event.

NOTE:

Only the 2 signed-on crew members may be carried in each competing car.

Spectators are not at all welcome on this event; we are sorry to take this stance, but we have good reason. There will be no spectator information whatsoever. Competitors, under no circumstances are you to bring or invite any persons to this event unless they are going to marshal. Competitors found doing so, or divulging route information, will be refused a start and excluded with no refund of entry fee.

Competitors receiving any assistance during the event from 'support crews' or 'service vehicles' WILL be excluded and reported to the MSA.

The use of in-car video equipment is banned, any competitor found in contravention will be excluded from the event. The equipment will be confiscated, and any recorded material destroyed.

Use of headsets is only permitted by crews where a member of that crew has a letter of dispensation from the MSA.

The distance to first petrol is 93 miles, with 8 competitive sections totalling 53 miles.

1st Petrol halt is at Snetterton Services (Esso) on the A11. You will have 40 minutes here. Please refuel then proceed to McDonalds to hand in time card 1 at RPC18.

The distance to second Petrol is 48 miles, with 5 competitive sections totalling 16.5 miles

2nd Petrol halt is at the Norwich bound BP garage on the A11 at Thetford. You will have 30 minutes here, please hand in time card 2 at RPC30.

The distance to the finish is 80 miles, with 6 competitive sections, totalling 47 miles.

Looking forward to seeing you all on Saturday!

The Organising Team.

The Preston 2023

APPENDIX M - RESCUE & RECOVERY ARRANGEMENTS

In line with the unique nature of this event, we are doing our best to provide decent Rescue/Recovery arrangements. All of the following Rescue & Recovery Vehicles are 4WD off-road types. However please remember that this is a road- event, and if you have any difficulties, really it is up to you to sort yourselves out. This is NOT a medical or fire service. **In the event of such an emergency, text/WhatsApp Rescue/Recovery Control 07801 723412 for medical assistance and they will dispatch MSUK Rescue Units who will assess the incident and call on the regular, regional emergency services by the established method of phoning 999 if required, then inform the Clerk of the Course on 07768 420901 (do NOT contact the CoC for trivial matters).**

1) Specialist Recovery Vehicles (SRV)

There will be up to sixteen of these vehicles (which if you get stuck or go off AND are in a condition to continue with the event if recovered in time (i.e., have sustained little or no damage) they will, when safe to do so, come to your aid as quickly as possible. Rescue/Recovery Control's phone number is 07801 723412. Please try to extricate your vehicle yourselves first and call upon this service if you are definitely able to continue in the event, OR if your vehicle is blocking the route – in which case call them quickly!

You can also call Rescue/Recovery Control if you are definitely out of the event, and they will inform the Recovery crew coming later; again unless your vehicle is blocking the route. These crews have been asked to report to the Organisers on all that they are called upon to do, so do not abuse this service.

2) Recovery Vehicle(s)

There will be two of these vehicles which will be driving the entire route behind the field. Their job is to assist stricken cars that have retired. Should this fate befall you,

INFORM THE CLOSING VEHICLE BY TEXT MESSAGE to 07799 535190, STATING THE LAST CONTROL YOU VISITED OR Contact RESCUE/RECOVERY CONTROL ON 07801 723412.

Then, if you do need assistance, please wait for the Recovery crew and they will help you. They may have a lot to do and therefore may be quite some way behind the event, but they will come; so, if you do need help, just wait. This crew has firm instructions to simply get you out of immediate difficulty, tow you to the end of section to await a trailer crew to recover you back to High Lodge. Sorry, that's the best we can do, so again please don't even ask for anything more from this crew. Remember they may have a lot to do and have a duty to everyone else too.

Rescue Unit

Motorsport UK licensed Rescue personnel in specialist 4x4 units will be available for immediate medical and extrication facilities at the scene of an incident if required. In the event of such an emergency, text/WhatsApp Rescue/Recovery Control 07801 723412 for medical assistance and they will dispatch Rescue Units who will assess the incident and call on the regular, regional emergency services by the established method of phoning 999 if required.

The Preston 2023

If you need assistance

Dear Competitors,

In order to locate you should you need assistance during the rally we are using the What3Words system. This will identify which 3 metre square you are in regardless of where you are and does not need phone coverage to do this. (It does need you to install it and send the message).

Please install and test it before the event to make sure it's working, and you know how to use it. If you need help during the rally please send us, by text or WhatsApp, your What3Words position and underneath it your car number and the help required.

To send your location:

Whilst you are with the vehicle (does not need phone signal to get your position).

Open the app and it will show you where you are with a little square linked to a text box with the What3Words ref.

If necessary, walk to a location where you have phone signal (if none available at the car)

Press the button at the bottom of the screen marked "Share"

Select Messages (or WhatsApp if installed)

Either select the help number from your contacts (if you have put it in already) or use "New" and enter the number 07801 723412. Perhaps add that to your contacts now. The What3Words will be added to the message.

In the line under it, type your car number followed by the type of help required:

Tow (The car still rolls), Recovery (The car will not roll), Trailer Taxi, Rescue Unit

For example this is what the message system will show:

Here is a precise What3Words address, made of 3 random words. Every 3 metre square in the world has its own unique What3Words address.

///crawler.remarking.less

<https://w3w.co/crawler.remarking.less>

Add underneath, your car number and the assistance required. If your car is too damaged to continue at this point, please also tell us that in the message as priority will be given to those cars who can carry on. The complete message will look like this:

///crawler.remarking.less

<https://w3w.co/crawler.remarking.less>

Car 201 Tow (Retired)

You may then have to leave the vehicle and walk until you can get a phone signal, then press Send.

Make sure you obtain the What3Words location BEFORE you leave the car to get a phone signal, if not the location you send us will be where the phone works not where the car is.

Before the event install the What3Words app, use these links

I phone <https://apps.apple.com/gb/app/what3words/id657878530>

Android https://play.google.com/store/apps/details?id=com.what3words.android&hl=en_GB

Follow the setting up procedure.

Test it (send it to a friend).

If you cannot use the What3Words (but please try as it makes the job much easier), then please text or Whatsapp your OS map reference (6 figures). If you cannot do this then a description of where you are (e.g. Position on which section) but chances are we may struggle to find you promptly.

Please text or Whatsapp in preference to a phone call as poor signals can make call quality poor.

The Preston 2023

Entry List

At 22:12 14/12/2023

No	Driver	Driver Club	Navigator	Navigator Club	Year	Car	CC	Registration	Class
1	John Davies	TVMC	Nick Bloxham	HRCR	2000	Ford Puma	1700	W76DAX	E
2	Chris Woolley	Borough 18 MC	Jamie Woolley	Borough 18 MC	1987	BMW E30	1787	E446 AJC	E
3	Ethan Davies	Llandysul MC	Mathew Smalley	Kings Lynn DMC	2002	Ford Puma	1700	AX02 OHO	E
4	Joe Philpott	Chelmsford MC	Colin Brand	Chelmsford MC	2001	Honda Civic	1998	HF51 DNO	E
5	Keith Lane	Chelmsford MC	Martin Lane	Chelmsford MC	1999	Ford Ka	1600	S418 OTR	E
6	Mark Peterson	Chelmsford MC	Alan Coombs	Chelmsford MC	2004	MG ZR	1800	VU54YMV	E
7	Rob Kitchen	Kings Lynn DMC/ SCCON	David Smalley	Kings Lynn DMC	2003	MG ZR	1798	BG03NTL	E
8	Ed Pead	Chelmsford MC	John Pead	Chelmsford MC	1991	Peugeot 205 GTI	1598	G794ELV	E
9	Matthew Abrey	Chelmsford MC	Claire Gillies	Cambridge CC	2004	Rover 25	1400	KX54 FVY	SE
10	Gareth Price	NADAC	Jamie Mills	NADAC	1999	BMW 318 Ti	1900	T187 JCF	E
11	Elliot Stafford	NADAC	Alun Horn	NADAC	1999	Mazda MX5	1800	V221JCY	E
12	Tim Tordoff	Matlock MC	Ian Frazer	Matlock MC	2006	Ford Fiesta ST	1999	GJ06XAO	E
13	Lee Burgess	Mid Derbyshire MC	Oliver Michaels	Mid Derbyshire MC	1990	Peugeot 205	1900	H188JPY	E
14	Jens Neumeister	Blackbird AC	Richard Drydale	Blackbird AC	1988	Volvo 740	2300	F723 VDD	SE
15	Justin Chapman	Mid-Derbyshire MC	Emily Chapman	Mid-Derbyshire MC	1985	Peugeot 205 GTI	1580	C710 HHG	E
16	Ryan Mone	Chelmsford MC	Brian Cammack	Oxford MC	2004	Mazda MX5	1800	LNZ2304	E
17	Richard Oxley	Mid-Derbyshire MC	Simon Bentley	Wickford AC	1996	Proton Satria	1597	P295SFE	E
18	Craig Varney	Blackbird AC	Alex Higgins	Blackbird AC	2004	MG ZR	1800	CX04 ZVR	E
19	Matt Endean	Chelmsford MC/South Oxon	Tom Ward	Chelmsford MC	2002	MG ZR	1796	YF02ZFW	E
20	Clive Baty	HRCR / Ilkley	Crow	Chelmsford MC	1978	Ford Escort	2400	AVF354X	E
21	Lewis Ayris	South Oxon CC	James Crook	Loughborough CC	2003	MG ZR	1400	J6 SXJ	SE
22	Rob Palmer	Kings Lynn DMC	Jonathan Stimpson	SCCON/Kings Lynn	2002	MG ZR	1400	PE02 HFT	SE
23	Luis Gutierrez Diaz	Chelmsford MC	Lucy Fryer	Chelmsford MC	2005	MG ZR	1396	FE05 FOJ	N
24	Adam Gardner	Loughborough CC	Andy Lewin	Loughborough CC	1988	BMW 318i	2354	F919 YWU	E
25	Peter Riddle	SCCON / HRCR	Simon Hawken	SCCON	2004	MG ZR	1396	MT04 YBN	E
26	Jon Bray	Chelmsford MC	Ian Graham	Chelmsford/Clitheroe	2003	MG ZR 160	1796	WD03 WCW	E
27	James Fewell	West Suffolk MC	Alex Fewell	West Suffolk MC	1999	Ford Puma	1700	R91DHK	SE
28	Sam Grant	Chelmsford MC	Tim Grant	Chelmsford MC	2004	Rover Streetwise	1400	KN54YOM	SE
29	Mike Thomas	Chelmsford/7 Oaks	Matt Thomas	Chelmsford MC	1987	Peugeot 205	1998	G883TYF	SE
30	Richard Hage	Eastwood & DMC	Ruben Hage	Eastwood & DMC	2000	Proton Satria GTI	1800	R60 RHR	SE
31	David Lewis	West Suffolk MC	Allen Copeman	West Suffolk MC	1996	Nissan Micra	998	P460 LEV	N
32	Robert Ginn	Middlesex	Graham Child	Chelmsford MC	1999	Nissan Micra	1300	T347 BDY	SE
33	Bob Wisniewski	South Oxon CC	Paul Lettington	South Oxon Car	2016	Vauxhall Adam	1364	YY16 NDJ	SE
34	Jason Birks	Matlock MC	Noel Murphy	HRCR	1997	Mazda MX5	1800	R344 UDD	E
35	Rich Baker	Chelmsford MC	Ben Curran	Chelmsford MC	2002	BMW 320 Compact	1998	BK52 DSX	SE
36	Jim Drake	Chelmsford MC	Graham Robinson	Chelmsford MC	2004	MG ZR	1800	EJ54KNR	N
37	Matt Hewlett	Clitheroe DMC	Adam Griffin	Clitheroe DMC	2000	Proton Satria	1800	Y409HHT	E
38	David Ginn	Oxford MC	Simon Blackshaw	Oxford MC/South Oxon	2001	Ford Puma	1700	WF51 OBO	SE
39	Danny Cowell	MCC/Regardless/KLMC	Paul Holmberg	CVMC	1993	Subaru Impreza 555 RA	2549	L555 NFS	E
40	Robin Lines	Chelmsford/WSMC/SCCON	James Leggett	Eastern Counties MC	1998	Rover 214	1394	R209ERL	N
41	Eddie Haynes	South Oxon CC	Robert Hall	South Oxon CC	2001	Rover 25	1800	RJ51UGZ	N
42	Peter Wilkinson	Clitheroe DMC	Phil Savage	KLMC/Clitheroe DMC	2008	Suzuki Swift Sport	1598	LT08ZHG	E
43	Freddy Hewitt	Kings Lynn DMC	Fergus Lacey	SCCON	1998	Suzuki Swift	1300	R188PKS	N
44	Harry Wade	Kings Lynn DMC	Danni Quadling	Kings Lynn	1996	Mitsubishi Colt	1600	P641 VAD	N
45	Ian Stancer	Kings Lynn DMC	Mark Wagstaff	Chelmsford MC	2003	Rover Streetwise	1400	GJ53 DJU	E
46	Sebastian Cox	Chelmsford MC	Freddie Buxton	Chelmsford MC	2009	Suzuki Swift	1300	KV09NPD	N
47	Tom Grice	Preston MC	Jamie Edwards	Preston MC	1999	Skoda Felicia	1289	R53TKX	SE
48	Peter Olliffe	Chelmsford MC	Christian Parry	Llandysul MC	1992	Volvo 940	1986	K304XFF	N
49	Heather Bradshaw-Martin	Oxford MC	Rob Granger	South Oxon CC	1995	Skoda Favorit	1300	M93XVT	SE
50	Darren Torka	West Suffolk MC	Nick Parrot	West Suffolk MC	1994	Ford Fiesta	1300	M194LPA	N
51	Peter Humphreys	Chelmsford MC	Joe Humphreys	Chelmsford MC	1998	Ford Puma	1700	S808KTF	N
52	Jake Simms	Mid-Derbyshire MC	Jack Slatcher	Mid-Derbyshire MC	1999	Proton Compact	1800	T911 TBL	SE
53	James Durkin	Borough 18 MC	Peter Scott	Borough 18 MC	2006	Ford Fiesta	1998	PX06 FRO	SE
54	Ben Mitton	Clitheroe DMC	Daniel Sedgwick	Clitheroe DMC	1998	Rover Metro	1800	R980WNC	E
55	Matt Clark	Borough 18 MC	Steve Smallbone	Borough 18	1989	MG ZR	1600	Y454YAT	SE
56	Simon Fudge	Chelmsford MC	Aaron Gent	Chelmsford MC	2000	Citroen Saxo	1360	X344EAP	N
57	Pavel Tsapenko	Borough 18 MC	Arturs Popoks	Borough 18 MC	2003	MG ZR	1800	EX52PVF	N
58	Geoff Bateman	Clitheroe/West Cumbria	Barry Allman	Clitheroe DMC	1988	Peugeot 205 GTI	1900	F873 OLD	N
59	Matthew Mantle	WSMC/SCCON/KLDMC/CMC	Colin Mantle	Kings Lynn DMC	1994	Peugeot 205D	1769	L47PSB	N
60	Kieron Chapman	C & Angelsey/CMC	Dylan Elwyn-Jones	C & Angelsey/CMC	2002	BMW 318Ti	1999	RX02 NPZ	N
61	Mike Lacey	SCCON	Andrew Scott	West Suffolk MC	2002	Nissan Micra	1000	HG52PVV	N